



**Connecticut
Light & Power**

A Northeast Utilities Company

Programs that Help People in Connecticut has been connecting Connecticut residents to federal, state, and local agencies for over twenty years. Need information? Need Help? Need Services? **LOOK INSIDE!**

The Connecticut Association for Human Services (CAHS) updates the program entries and **Connecticut Light and Power (CL&P)** publishes this booklet. We are grateful to everyone who supplied information for the new edition.

THIS BOOKLET IS A GUIDE, containing brief descriptions of complex programs. Eligibility criteria, services offered, and funding are subject to change. **PLEASE CHECK WITH THE ADMINISTERING AGENCY FOR THE MOST UP-TO-DATE INFORMATION.**

If you need a particular service but do not see it reflected in any of these pages, you may wish to begin with a call to **United Way 2-1-1**, or a visit to its website, www.211ct.org, described after the Table of Contents. In addition, every Connecticut town is required to have a Municipal Agent to help senior citizens, as well as a Youth Services Bureau that can link you to groups that could meet the needs of children. You can find these numbers in the blue pages of your phone book.

Many services have income and asset eligibility guidelines. Generally, income is money available to you from an ongoing source. Assets are referred to as other financial resources, such as a bank account, a home or a car. **Don't assume you are not eligible!** Check with the agency that administers the program. If you do not meet the guidelines for service, ask if there is an alternative.

A special note to individuals who are seeking social service support for the first time: The Great Recession and its lingering effects in Connecticut have made it necessary for many people to seek social service support for the first time in their lives. It is important to understand that navigating the social service system can be confusing and time consuming, even for experienced consumers. If you are new to this process, you may not be able to find all of the resources you need for your family at a single agency. To find services to meet a variety of needs, use 2-1-1, or contact the multi-service agencies listed on page 34. These agencies can help families find and determine eligibility for multiple programs and public benefits, including: SNAP (formerly food stamps), health care, housing, cash assistance and other resources. Accessing benefits may still not be as easy as people would like, but these agencies will do their best to address new and multiple needs.

We would like to hear from you! Please let us know of any services that should be added, deleted or revised in the *Programs that Help People in Connecticut* publication. It is updated every two years. Additional copies are available through **CL&P** or CAHS by written request. It can also be downloaded directly from the CAHS website, www.cahs.org.

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1-800-286-5000 or (860) 947-2121
www.cl-p.com email using "contact us" link

Programs That Help People *2014-2016 Edition*

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United Way 2-1-1

2-1-1 is Connecticut's statewide information, referral, and crisis intervention service. 2-1-1 specialists are backed by community representatives and an extensive computerized database of human services. It provides up-to-date information about agencies and programs; make referrals to appropriate community resources; and intervene in crises, including suicide prevention. Extensive information is available on child care, alcohol and drug treatment, elder services, maternal and child health, problem gambling, and many more helpful services and programs. Calls are free and confidential. **Toll-free:** 2-1-1 may be accessed 24 hours a day. TTY (for people who are hearing or speech impaired) and multi-lingual operators are available. **Website:** www.211ct.org. Some phones may not connect to 2-1-1. In such cases, use the **Toll-Free** number: (800) 203-1234*

PLEASE NOTE:

An asterisk () near any entry signifies that a Spanish-speaking staff member is available.*

Basic Needs

ConneCT DSS Benefits Portal

Go to [ConneCT](http://www.connect.ct.gov), the Connecticut Department of Social Services benefits portal, to see if you are eligible for benefits administered by the Department of Social Services (DSS), such as food assistance, cash assistance and medical benefits for adults, children, elderly, and disabled people. At ConneCT, you can get information about your DSS benefits, manage your application and renewals for those programs, and find out about other DSS programs you may be eligible for. You can also apply for benefits. **Website:** www.connect.ct.gov

Food

Cooperative Extension Food Services

The Cooperative Extension System, through the University of Connecticut, offers group and individual nutrition education, including individual dietary analysis, nutritious meal planning and preparation, and safe food storage and handling. Contact a local Cooperative Extension Center or affiliate for assistance.

Fairfield County

67 Stony Hill Rd, Bethel **Phone:** (203) 207-8440

Hartford County

UCONN West Hartford Campus **Phone:** (860) 570-9010 / (860) 570-9061*

Litchfield County

843 University Drive, Torrington **Phone:** (860) 626-6240

Middlesex County

1066 Saybrook Road, Haddam **Phone:** (860) 345-4511

New Haven County

305 Skiff Street, North Haven **Phone:** (203) 407-3161 / (203) 407-3169*

New London County

562 New London Turnpike, Norwich **Phone:** (860) 887-1608

Tolland County

24 Hyde Rd., Vernon **Phone:** (860) 875-3331

Windham County

139 Wolf Den Road, Brooklyn **Phone:** (860) 774-9600*

You can also reach United Way 2-1-1 by dialing (800) 203-1234

Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

WIC is a federally-funded program that serves to safeguard the health of low-income women, infants, and children up to age 5 who are at nutritional risk by providing nutritional assessment and education, referrals to health care, and nutritious foods to supplement diets. Information on breastfeeding and healthy eating are provided as well as Farmers' Market coupons for designated months. Eligibility is based on income, residency, certification of nutritional risk, and a physical presence requirement, which means having a WIC employee see your child. Pregnant women, breastfeeding women (up to infant's 1st birthday), non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends), infants (up to 1st birthday), and children up to their 5th birthday are eligible to receive WIC benefits. Please call any of the WIC offices listed below or contact the State WIC Office, Department of Public Health, for more information. **Address:** 410 Capitol Avenue, MS#11WIC, Hartford, CT 06134 **Toll-free:** (800) 741-2142 **Phone:** (860) 509-8000

Bridgeport Phone: (203) 576-8073

Bristol Phone: (860) 585-3280

Danbury Phone: (203) 797-4629

East Hartford Phone: (860) 528-1458

Hartford:

Coventry Street **Phone:** (860) 757-4780

Park Street **Phone:** (860) 722-8030

New Britain Phone: (860) 225-8695

New Haven:

Fair Haven **Phone:** (203) 773-5007

Hill Health Center **Phone:** (203) 503-3080

Yale-New Haven Hospital, St. Raphael Campus

Phone: (203) 789-3563

Yale-New Haven Hospital **Phone:** (203) 688-5150

TVCCA, New London Phone: (860) 425-6620

Norwalk Phone: (203) 854-7885

TVCCA, Norwich Phone: (860) 425-6562

Meriden Phone: (203) 630-4245

Middletown Phone: (860) 358-4070

Day Kimball Hospital, Putnam Phone: (860)928-3660

Rockville Hospital Phone: (860) 875-0602

Seymour Phone: (203) 888-1271

Stamford Phone: (203) 977-4385

Torrington Phone: (860) 489-1138

Waterbury Phone: (203) 574-6785

Access Agency, Willimantic Phone: (860) 450-7405

Supplemental Nutrition Assistance Program (SNAP)

The Connecticut Department of Social Services (DSS) administers the U.S. Department of Agriculture's Supplemental Nutrition Assistance Program (SNAP) and a state-funded SNAP for qualified non-citizens who are not eligible for the federal program. The purpose of these programs is to help low-income individuals and families afford the cost of food at grocery stores and farmers' markets. People can apply for SNAP by mail, online and at DSS offices. Hard-copy applications can be found online at www.ct.gov/dss/apply and mailed to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester, CT 06045. People can apply online at www.connect.ct.gov. For more information about SNAP, **Toll-free:** 2-1-1 Infoline **Website:** www.ct.gov/snap. A complete list of local DSS offices can be found in the Multi-service Agencies section of this book.

End Hunger Connecticut! (EHC!) is a statewide anti-hunger and food security organization. By focusing on advocacy, outreach, education and research, EHC! serves as a comprehensive anti-hunger resource for community organizations, legislators, and low-income families. The work of EHC! is vital to the visibility and coordination of various federal food assistance programs that are meant to lower the prevalence of food insecurity and hunger. The goal of EHC! is to improve the levels of food security and nutrition among Connecticut families while creating and supporting policies that move families toward self-sufficiency. EHC! provides state-wide SNAP (formerly Food Stamps) outreach through application assistance, prescreening for SNAP benefits, and conducting workshops and presentations with clients or staff. EHC! maintains an online SNAP Benefit Calculator (www.ctfoodstamps.org) and **Toll-free:** SNAP line (866-974-SNAP) to help determine potential eligibility. Spanish speaking assistance is available. **Website:** www.endhungerct.org.

Food and Fuel Banks

There are many food pantries and fuel banks available throughout the state to help individuals and families in need. To learn more about food pantries and soup kitchens throughout the state: **Toll-free:** 2-1-1.

An asterisk () near any entry signifies that a Spanish-speaking staff member is available.*

Cash Assistance

Temporary Family Assistance (TFA)

TFA provides monthly cash and employment assistance to eligible families throughout Connecticut to support basic needs such as food, shelter and clothing. TFA is funded by the federal and state governments to provide a 'safety net' for families with children. Applicants/recipients must live in Connecticut, have very little or no income, and be supporting a child or children. In some cases, a pregnant woman may qualify if she has no other means of support and meets other eligibility factors. The child or children in the household must live with a related adult or an adult who has filed for guardianship through probate court. Many TFA-eligible households are grandparents caring for grandchildren. Adult recipients must participate in Jobs First Employment Services activities, coordinated by the Department of Labor. Custodial parents must provide information to help in collecting child support from a parent who is not living in the home. Applications are accepted at all Department of Social Services offices listed in the Multi-service Agency section of this book. Hard copy applications can be found online at www.ct.gov/dss/apply and mailed to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester CT 06045. People can apply online at www.connect.ct.gov by clicking "Apply Now" under "Apply for Benefits" section. **Toll-free:** 1-855-6CONNECT (1-855-626-6632) or **TTD/TTY** 1-800-842-4524 for persons with speech or hearing difficulties for more information.

State-Administered General Assistance (SAGA)

The SAGA program, administered by the State Department of Social Services (DSS), provides cash assistance to individuals who are unable to work for medical or other prescribed reasons, and to families that do not meet the blood-relationship requirements of the Temporary Family Assistance (TFA) program. Employable individuals are not eligible for SAGA cash assistance. However, employable individuals who have substance abuse problems may be eligible to receive treatment and some financial support through the Department of Mental Health and Addiction Services' (DMHAS) Basic Needs Program. You can get information about the Basic Needs Program by calling **Toll-free** 1-800-658-4472. Employable individuals are not eligible for SAGA cash assistance. Food vouchers can be issued on an emergency basis. Some SAGA applicants and recipients must pursue other available benefits or resources that may meet their financial or medical needs, and agree to a lien on their home if they own one. The majority of SAGA applications involve a third party medical

determination for an employability determination. Hard copy applications can be found online at www.ct.gov/dss/apply and mailed to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester CT 06045. People can apply online at ww.connect.ct.gov by clicking "Apply Now" under "Apply for Benefits" section. **Toll-free:** 1-855-6-CONNECT (1-855-626-6632) **TTD/TTY:** 1-800-842-4524 for persons with speech or hearing difficulties for more information. A complete list of local DSS offices can be found in the Multi-service Agencies section of this book.

Social Security – Old Age, Survivors and Disability Insurance (OASDI)

Social Security, also called OASDI, is a federal program for the retired and disabled, as well as for survivors of a deceased wage earner. People who have worked enough quarters and have paid into the program are eligible; there are no income or asset requirements. People who are at least 62 and retired, the disabled at any age, or qualified dependents or survivors of the insured are eligible for benefits. Survivors' benefits are paid to a spouse with children who are minors, a widow or widower age 60 or older, a widow or widower age 50 or older, and disabled, minor children, or a parent age 62 or older who was dependent on the wage earner. Disability benefits can be paid to people who are unable to engage in substantial gainful activity or whose disability will result in death. **Address:** Social Security Administration, 960 Main Street, 2nd Floor, Hartford, CT 06103. **National Toll-free:** (800) 772-1213* **Phone:** 1-877-619-2851* **Website:** www.socialsecurity.gov

Ansonia 475 Main Street **Toll-free:** (866) 331-7096

Bridgeport 3885 Main Street **Toll-free:** (866) 331-6399

Bristol 225 North Main Street, Room 400 **Toll-free:** (877) 692-3145

Danbury 131 West Street **Toll-free:** (866) 275-7821

East Hartford 478 Burnside Avenue **Toll-free:** (866) 706-6759

Hartford 960 Main Street 2nd Floor **Toll-free:** (877) 619-2851*

Meriden One West Main Street, 4th Floor **Toll-free:** (877) 409-8429

Middletown 425 Main Street 3rd Floor **Toll-free:** 877-692-3145

New Britain 233 Main Street 2nd Floor **Toll-free:** (866) 858-6086

New Haven 150 Court Street, Room 415 **Toll-free:** (866) 331-5281

New London 2 Shaw's Cove, Room 101 **Toll-free:** (866) 643-3401

Norwich 55 Main St., Suite 380 **Toll-free:** (888) 482-3170

Stamford 2 Landmark Square, Suite 105 **Toll-free:** (866) 770-1881

Torrington 147 Litchfield Street **Toll-free:** (800) 772-1213*

Waterbury 51 North Elm St., Suite 1 **Toll-free:** (877) 405-4874

Willimantic 1320 Main Street, Suite 19 **Toll-free:** (877) 405-0488*

Supplemental Security Income (SSI)

SSI is a federal income maintenance program for the aged, blind, and disabled. Unlike Social Security, SSI has limits on the amount of money and resources a recipient can have. Recipients may receive both Social Security and SSI, if eligible for both. Flat monthly payments are issued to participants. If the participant lives in a household which provides in-kind support, e.g. food and/or lodging, the monthly payment is reduced by one-third. Eligibility is based on age, blindness, disability, income, and assets. Contact a Social Security Office listed above.

State Supplement for the Aged, Blind, and Disabled (State Supplement)

The State Supplement program is a state income maintenance program administered by the Department of Social Services to supplement assistance under the federal Supplemental Security Income (SSI) program. However, actual receipt of federal SSI is not required. For example, recipients of a low monthly Social Security benefit, private pension, Veteran's benefit, or limited income from another source may still qualify for the State Supplement. The benefit is based on a standard calculation of total need compared to the applicant's income. Applicants must be age 65 and older, or at least 18 years old if disabled. People receiving State Supplement also receive Medicaid to cover medical expenses. In addition, many recipients may also be eligible for SNAP and energy assistance. **Toll-free:** 2-1-1 or DSS: (800) 842-1508.

Programs that Help People in Connecticut is available on-line at cahs.org/publications

Housing

Energy Conservation Loan Program

The Energy Conservation Loan Program (ECL) and the Multifamily Energy Conservation Loan Program (MEL) provide financing at below market rates to single family and multi-family residential property owners for the purchase and installation of cost-saving energy conservation improvements. The program is administered by the Connecticut Housing Investment Fund, Inc. (CHIF) with funding from the Connecticut Department of Housing (DOH). Single family (1-4 units) homeowners may borrow up to \$25,000 and multi-family property owners may borrow up to \$2,000 per unit (a maximum of \$100,000 per building) for a period of 10 years for eligible improvements. **Website:** www.chif.org or email your questions to loans@chif.org

Eviction and Foreclosure Prevention Program (EFPP)

The EFPP is designed to prevent evictions and foreclosures through mediation and a Rent Bank. Five community-based agencies operate the program. A trained mediator acts as a third party facilitator to help develop mutually agreed upon solutions to identified problems which may include back rent or mortgage payments, repairs, housing code violations and communication problems. The Rent Bank provides funds to eligible families to help pay rent or mortgage arrears. A family may consist of a single individual, roommates, an extended family, or a one or two parent family. **Toll-free:** 2-1-1.

Emergency Shelters

The Department of Housing administers funding for Emergency Shelters to provide shelter and case management services to homeless individuals at least 18 years old or emancipated minors and families. **Toll-free:** 2-1-1.

Foreclosure Prevention

With financial support from the Department of Housing, Neighborhood Housing Services of New Haven provides assistance to homeowners having difficulty making their mortgage. In addition, any homeowner at risk of foreclosure can receive information about the judicial foreclosure and mediation process, guidance on how to prepare and what documents to bring to court, and information about resources available to homeowners. **Phone:** (203) 777-6925 **Website:** www.nhsfnh.org Additional information at www.ctfairhousing.org

Rapid Re-housing Program

The Connecticut Rapid Re-housing Program is a statewide housing initiative that is a combination of housing relocation, stabilization services and financial assistance, if necessary, to help homeless individuals and families, or individuals and families at imminent risk of becoming homeless, quickly transition into permanent housing and achieve housing stability. To receive these services, households must be actually homeless and have a referral from an emergency shelter or social service provider. **Toll-free:** 2-1-1.

Rental Assistance Payment (RAP) Program

The Rental Assistance Payment (RAP) Program is the major state-supported program for assisting very-low-income families to afford decent, safe, and sanitary housing in the private market. Participants find their own housing, including apartments, townhouses, and single-family homes. The participant is free to choose any private rental housing that meets the requirements of the program, as described below. RAP certificates are funded and administered by the Department of Housing. An individual or family that is issued a RAP certificate is responsible for finding a suitable housing unit of the family's choice where the owner agrees to rent under the program. This unit may include the family's present residence. Rental units must meet minimum standards of quality and safety as defined by the State of Connecticut, which has adopted the federal Housing Quality Standards as established by the U. S. Department of Housing and Urban Development (HUD). A housing subsidy is paid by the State directly to the landlord on behalf of the participating family. The family pays the difference between the actual rent charged by the landlord and the amount subsidized by the program. **Website:** www.ct.gov/doh/cwp/view.asp?a=4513&q=530584

Section 8 Housing Choice Voucher Program

The Section 8 Housing Choice Voucher program is the federal government's major program for assisting very-low-income families to afford decent, safe, and sanitary housing in the private market. Participants are able to find their own housing, including apartments, townhouses, and single-family homes. The participant is free to choose any private rental housing that meets the requirements of the program. Housing Choice Vouchers are funded through the federal Department of Housing and Urban Development (HUD) and are administered in Connecticut by over 40 public housing agencies (PHAs) and statewide by the Connecticut Department of Housing. A family that is issued a housing voucher is responsible for finding a suitable housing unit of the family's choice where the owner agrees to rent under the program. This unit may include the family's present residence. Rental units must meet minimum standards of quality and safety as established by HUD. A housing

subsidy is paid by the PHA to the landlord directly on behalf of the participating family. The family pays the difference between the actual rent charged by the landlord and the amount subsidized by the HCV program. **Website:** www.ct.gov/doh/cwp/view.asp?a=4513&O=530586&PM=1.

Security Deposit Guaranty Program

The Security Deposit Guarantee Program provides a guarantee to landlords of up to two month's rent. The following individuals and families are eligible to apply: individuals and families residing in emergency shelters (including domestic violence shelters); individuals and families holding a newly issued DOH Section 8 Housing Voucher or a newly issued DOH Rental Assistance Program (RAP) Certificate, and a holder of a DOH issued Section 8 Housing Voucher or DOH issued RAP Certificate forced to move due to lead paint or whose residence failed a housing quality standards inspection when that failure was the owner's responsibility and the owner refused to correct the conditions. Additional eligibility requirements also apply. **Toll-free:** 2-1-1.

U.S. Department of Housing and Urban Development (HUD)

HUD's mission is to increase homeownership, support community development, and increase access to affordable housing free from discrimination. Programs include: Rental Assistance through Housing Choice Vouchers, Low-Income Public Housing, and Elderly and Disabled Housing. Information is available from the Department of Housing, (860) 270-8000; the Department of Social Services (DSS), (860) 424-5031; the Connecticut Housing Finance Authority (CHFA), (860) 721-9501; or the public housing authority or housing department in each town or city. **Address:** 1 Corporate Center, 20 Church Street, 10th Floor, Hartford, CT 06103. **Phone:** (860) 240-4800* **TTY:** (860) 240-4665 **Website:** www.hud.gov

Housing Education Resource Center (HERC)

HERC offers first time homeownership classes, as well as individual confidential counseling sessions on budget and credit, income-to-debt ratio evaluations, advantages and responsibilities of homeownership, special home buying financing programs, preparing for a loan application interview, and a detailed review of the complete home buying process. Housing Counseling Line (Tuesday and Friday, 9 a.m.–5 p.m.): (860) 296-4372. **Phone:** (860) 296-4242 (ext. 101) **Website:** www.herc-inc.org

You can also reach United Way 2-1-1 by dialing (800) 203-1234

New Reach, Inc., formerly New Haven Home Recovery, provides emergency shelter, supportive housing, stabilization and furniture services for women and children confronting homelessness, HIV/AIDS, and/or behavioral health issues to help them reach their potential. **Address:** 153 East Street, New Haven **Phone:** (203) 492-4866* **Website:** www.newreach.org

Energy

Connecticut Energy Assistance Program (CEAP)

This federally-funded program is designed to help low-income households (individuals and families) pay their winter heating bills. CEAP benefits thousands of homeowners and renters throughout the state. On behalf of eligible households, the winter heating assistance pays for such heating sources as oil, natural gas, electricity, propane, kerosene, coal and wood. CEAP and the Contingency Heating Assistance Program are administered by the Department of Social Services and coordinated by regional Community Action Agencies in cooperation with municipal and other non-profit human service agencies. CEAP usually opens applications for 'early intake' in August at many community action agency sites around the state. **Toll-free:** 2-1-1 or DSS Energy Services Unit at 1-800-842-1132 **Website:** www.ct.gov/staywarm

Matching Payment Program

CL&P and **Yankee Gas'** Matching Payment Program provide year-round electric and gas service and possible forgiveness of back balances to eligible electric and gas heating customers who have past-due balances. To be part of the Matching Payment Program, eligible electric and gas heating customers must apply and receive energy assistance by calling their local community action agency or 2-1-1 to find the nearest location. For every dollar a customer or third party pays towards an eligible **CL&P** or **Yankee Gas** customer's bill, a dollar will be credited to that customer's past-due amount. For more information please call **CL&P:** 1-800-286-2828 or **Yankee Gas:** 1-800-438-2278, **Web sites:** www.cl-p.com or www.yankeegas.com.

NUSTART

NUStart is **CL&P's** program designed to give a fresh start to customers whose income is at or below 60 percent of the federal income guidelines and have a past-due balance of \$100 or more on a **CL&P** bill. Through NUStart, eligible customers can reduce or eliminate their past-due balance in

as little as 12 months, if they pay an agreed-upon budgeted amount on time each month. NUSStart helps customers to maintain service and better manage their monthly payments. For more information call **CL&P:** 1-800- 286-2828, **Web site:** www.cl-p.com

Winter Protection Plan

CL&P and **Yankee Gas'** Winter Protection Plan protect customers from service shutoff during the winter months, if their household income is at or below 60 percent of the state median income, or they receive public income assistance. The Winter Protection Plan runs from November 1 through May 1. Customers will still receive their monthly bill so they are encouraged to pay what they can each month to avoid a large balance in May. For more information please call **CL&P:** 1-800-286-2828 or **Yankee Gas:** 1-800-438-2278, **Web sites:** www.cl-p.com or www.yankeegas.com.

Operation Fuel partners with communities, businesses, government and individuals to ensure people in need have access to year-round energy assistance. Operation Fuel uses a network of over 100 fuel banks that are in direct contact with local households in need. These include town social services agencies, community action agencies, nonprofit organizations, and religious organizations. These agencies voluntarily take applications for the program. In addition to providing clients with crisis funding, the network of fuel banks also provides referral for both long-term and immediate solutions. Services may include budget counseling, consumer credit counseling, help with a job search, and referrals to food pantries, day care centers, legal aid counseling, housing assistance, and treatment services. **Toll-free:** 2-1-1*

Self Sufficiency

Jobs

American Job Centers (AJC) also known as One Stops, offer free employment services for those interested in finding a job, upgrading job skills, or starting a new career. With offices statewide, the AJC system can unite job seekers with potential employers through access to a wide variety of no-cost job and career information and services.

For individuals seeking job assistance, American Job Centers offer electronic job listings through CT.JOBS/CT.JobCentral, job search support, education and skills training, specialized workshops, career counseling, and veterans' employment programs. Workshops include interview tips and résumé/cover letter preparation while services include the use of phones, fax, copiers, and computers to find the right job. AJC employment services are available at the Centers listed below. TTY/TDD numbers also available. **Website:** www.ct.gov/dol

Bridgeport

2 Lafayette Square (GPS Users: 350 Fairfield Avenue)

Phone: (203) 455-2700

Danbury

4 Liberty Street **Phone:** (203) 437-3380

Danielson

95 Westcott Road **Phone:** (860) 412-7000

Enfield

786 Enfield Street **Phone:** (860) 745-8097

Hamden

37 Marne Street **Phone:** (203) 859-3200

Hartford

3580 Main Street **Phone:** (860) 256-3700

Meriden

85 West Main Street **Phone:** (203) 238-6148

New Britain

260 Lafayette Street **Phone:** (860) 827-6200

New London

Shaw's Cove Six **Phone:** (860) 439-7400

Norwich

113 Salem Turnpike, North Building, Suite 200

Phone: (860) 859-5600

Torrington

685 Main Street, Kmart Plaza **Phone:** (860) 496- 3300

Waterbury

249 Thomaston Avenue **Phone:** (203) 437-3380

Willimantic

Tyler Square, 1320 Main Street **Phone:** (860) 786-6200

TTY Number: (860) 263-6074

Many American Job Centers have Spanish speaking staff available, along with the use of Language Line.

Satellite Offices (not all services available at these sites):

Derby 33 Elizabeth Street **Phone:** (203) 734-3443

Manchester 893 Main Street **Phone:** (860) 643-2222

New Haven 560 Ella T. Grasso Blvd. **Phone:** (203) 624-1493

Stamford 141 Franklin Street **Phone:** (203) 353-1702

Dress for Success promotes economic independence of disadvantaged women by providing professional attire, a

network of support, and the career development tools to help women thrive in work and in life. Clients are referred by nonprofit, state and government agencies. All programs are free. **Hartford:** (860) 525-5015 **Mid-Fairfield County:** **Phone:** (203) 333-6505 **Website:** www.dressforsuccess.org

Transportation to Work (TTW) provides transportation to work for individuals transitioning off public assistance and for others earning low incomes. A job developer, an employer, or a group of five or more employees needing transportation assistance can contact the local TTW contractor for specific services provided:

Northwest Regional Workforce Investment Board, Waterbury (203) 574-6971 x448 **Toll-free:** (888) 353-5828

Capitol Region Council of Governments, Hartford (860) 522-2217 x233

Rides To Work, New Haven (203) 867-4030 x245*

The WorkPlace, Bridgeport (203) 610-8544

Eastern CT Workforce Investment Board, Franklin (860) 859-4100 x22

Adult Education

Connecticut law mandates that each local and regional board of education establish and maintain a program of adult classes for its adult residents, free of charge, in the following program areas: Americanization and United States citizenship; English for adults with limited English proficiency, and elementary and secondary school completion programs. Secondary completions options may include: the Adult High School diploma program, the General Educational Development (GED®) equivalency or the National External Diploma Program (NEDP). Adult education programs are free to Connecticut residents 17 years of age and older who are no longer enrolled in a public school. Contact the local school district adult education office for more information or contact the State Department of Education Bureau of Health/Nutrition, Family Services and Adult Education. **Phone:** (860) 807-2050* **Website:** www.sde.ct.gov

Many local school districts also offer a variety of general interest, enrichment, and recreational continuing education courses that are available to residents, usually with a course fee attached. Fees may be waived or reduced for senior citizens. Contact the local school district adult education office for information on available courses.

Education & Employment Information Center (EEIC)

The Connecticut Office of Higher Education operates the EEIC, a free, statewide clearinghouse which provides information and referrals on colleges and universities, postsecondary career schools, and job training programs. The EEIC also offers information on student financial aid and the Alternate Route to Teacher Certification, and can direct you to career and education counseling services. **Address:** EEIC, Office of Higher Education, 61 Woodland Street, Hartford, CT 06105 **Email:** edinfo@ctohe.org **Website:** www.ctohe.org/edinfo

Learn to Read

Literacy programs exist in every region of the state. **Toll-free:** 2-1-1 or the local program listed below:

Bridgeport

Literacy Volunteers of Greater Bridgeport, 925 Broad St. **Phone:** (203) 576-7012/(203) 576-7400 x 403
Mercy Learning Center, 637 Park Avenue
Phone: (203) 334-6699*

Danbury

LVA School, 248 Main Street **Phone:** (203) 792-8260*

East Hartford

Literacy Volunteers, 16 Church St. **Phone:** (860) 233-3853*

Hartford

Institute for the Hispanic Family, 45 Wadsworth Street
Phone: (860) 524-6853*

Literacy Volunteers, 30 Arbor Street **Phone:** (860) 233-3853*

Urban League of Greater Hartford, 140 Woodland Street
Phone: (860) 527-0147

Village for Children and Families, 1680 Albany Avenue
Phone: (860) 236-4511* x3504

YMCA of Greater Hartford, 241 Trumbull Street
Phone: (860) 522-4183

Meriden

Literacy Volunteers, 14 West Main Street **Phone:** (203) 235-1714*

Milford

Literacy Center, 16 Dixon Street **Phone:** (203) 878-4800*

New Britain

Literacy Volunteers of Central Connecticut, 20 High Street, 3rd Floor **Phone:** (860) 229-7323

New Haven

Literacy Volunteers of Greater New Haven, 4 Science Park
Phone: (203) 776-5899

New Haven Reads, 45 Bristol Street **Phone:** (203) 752-1923

Norwalk

Literacy Volunteers of Norwalk, 1 Belden Avenue **Phone:** (203) 899-2780 * x15182

Norwich

Literacy Volunteers, 261 Main Street, Otis Library **Phone:** (860) 886-9096

Stamford

Family Centers Inc.--Literacy Volunteers, 60 Palmer's Hill Road **Phone:** (203) 324-3167*

Waterbury

Literacy Volunteers of Greater Waterbury, 267 Grand Street **Phone:** (203) 754-1164*

Winsted

North West YMCA, 480 Main Street **Phone:** (860) 379-0708*

CONNTAC-EOC

CT Talent Assistance Cooperative Educational Opportunity Center (CONNTAC--EOC) CONNTAC, Inc. provides no-cost assistance to Connecticut residents seeking to enter or re-enter post-secondary education. Services include academic and financial aid counseling, college referral services, career planning, and financial literacy information. Counselors are available for presentations to groups as well as for individual assistance. Income-qualified participants receive admission application fee waivers, which are accepted by most U.S. colleges and universities. Expertise with defaulted student loans is also available. **Phone:** (203) 634-7669* **Website:** www.conntacinc.org

Bridgeport **Phone:** (203) 332-5041

Farmington **Phone:** (860) 255-3535

Hartford **Phone:** (860) 906-5073

Manchester **Phone:** (860) 512-3556

Meriden/ Middletown **Phone:** (860) 608-3026

New Haven **Phone:** (203) 285-2216

Norwalk **Phone:** (203) 857-7109

Norwich **Phone:** (860) 215-9238

Waterbury **Phone:** (203) 574-1140

Danielson **Phone:** (860) 932-4125

Graduate! CT offers one-on-one advising, counseling, and advocacy to adults who want to return to college. Advisors can help to identify programs specifically for adult learners, help with the financial aid process, and maintain connections with clients until graduation. **Phone:** (860) 515-3776 **Website:** www.graduarect.org

Opportunities Industrialization Centers

Opportunities Industrialization Centers (OIC) is a nonprofit organization that serves the community with career technical training opportunities, employability skills training, and job placement. OIC empowers students and consumers as they develop untapped talents, advance onto new career paths, and otherwise improve their lives. Its program is open to serve individuals in need of job training and self-sufficiency supportive services. OIC's philosophy of self-help and unique approach of focusing on the whole person supports individuals in their efforts to become self-sufficient. OIC's mainstay is its career technical and employability skills training services. Programs include Certified Nursing Assistant and Culinary Arts vocational training programs, Resume Writing services, and access to OIC's Career Clothing Closet. OIC's Community Justice Programs serve to rehabilitate ex-offenders as they navigate the difficulties of transitioning from incarceration to productive employment. Through state court referrals, OIC is both a transition point and safeguard against domestic violence. **Address:** 106 Truman Street, New London **Phone:** (860) 447-173 **Website:** www.oicnlc.org/

Money Management

Free Tax Return Preparation (VITA and TCE)

The Volunteer Income Tax Assistance (VITA) program offers free tax help to people who generally make \$53,000 or less, persons with disabilities, the elderly and limited English speaking taxpayers who need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals. VITA sites are generally located at community and neighborhood centers, libraries, schools, churches, and other convenient locations. If you need assistance from VITA, see the list of sites at www.irs.gov, and search for "Connecticut VITA Sites." *Please note:* When accessing this IRS link, you must select "Continue" to get to the screen which allows you to choose your zip code. **Toll-free:** 2-1-1.

In addition to VITA, the Tax Counseling for the Elderly (TCE) program offers free tax help for all taxpayers, particularly those who are 60 years of age and older, specializing in questions about pensions and retirement-related issues unique to seniors. The IRS-certified volunteers who provide tax counseling are often retired individuals associated with non-profit organizations that receive grants from the IRS. If you are elderly and need assistance with your tax return, **Website:** www.AARP.org (search for "Tax-Aide Site Locator"). **Toll-free:** 2-1-1.

Connecticut Money School

Connecticut Association for Human Services (CAHS) launched the CT Money School (CMS) in 2009 as a statewide initiative to provide free financial education workshops for low-to-moderate income (LMI) *adults and seniors*. In 2011, CT Money School expanded its services by developing “La Escuela De Dinero” which (in addition to other communities served) targets low-to-moderate income residents of Hispanic communities for financial education workshops. In 2012, CAHS launched an online version of CMS called Financial Avenue, which provides individuals with an opportunity to learn basic financial wellness through a range of online, self-paced workshops. In 2013, CAHS expanded CMS to include 1:1 Financial Coaching services for low-to-moderate income people in Greater Hartford, Fairfield County, and Waterbury. In the five years since its launch, CMS has helped over 4,000 adults and seniors at over 80 community-based organizations statewide. To schedule a workshop in your community, **Phone:** (860)951-2212, ext. 244 **Website:** www.ctmoney.org.

Money Management International (MMI) is a HUD-approved counseling agency. MMI provides free, confidential, in-person, telephone and Internet-based financial counseling, money management and budgeting assistance nationwide. MMI also provides budget and debt counseling, debt management, foreclosure prevention, reverse mortgage counseling, bankruptcy counseling, bankruptcy education, and financial literacy workshops. MMI's Education Department offers free educational seminars and webinars on a variety of financial topics to Connecticut residents. MMI has a local office in East Hartford. **Toll-free:** (866) 515-2227* **Website:** www.moneymanagement.org. CrissCross, a division of Money Management International, offers a safe and secure representative payee service for those receiving benefits from Social Security, Veterans Affairs, pensions and other benefit plans. **Toll-free:** 1(800) 624-4967* **Website:** www.CrissCross.org

New Financial Life (formerly known as New Life Corporation), is a multi-lingual community financial resource center. Founded in 1995 as a faith-based Latino agency, NFL is a trusted and valued grassroots organization that is uniquely positioned to play a key role in the Greater New Haven area's present and future economic development. The organization's recent name change and added tag line reflect its revitalized vision statement: that all low and moderate income individuals and families should have access to information and resources to enhance their “*Freedom to Dream*” and become economically secure. Its revitalized mission statement is: to increase the economic security of low and moderate income individuals and

families living in the Greater New Haven area through a combination of multi-lingual financial education and asset building services. New Financial Life has also emerged as a provider of key services linked to important national initiatives such as immigration and healthcare reform. **Address:** 224-226 Dixwell Ave. New Haven, CT 06511 **Phone:** (203) 777-0313 **Website:** www.newlifecorp.org

Homeownership

Connecticut Housing Finance Authority (CHFA) offers low-interest rate mortgages to first-time homebuyers or those who have not owned a home in the last three years. Prior homeowners may also be eligible in Federally Targeted Areas with some Special Programs. The Authority offers special mortgage programs for persons with disabilities, active duty military personnel and, veterans, teachers and police officers who meet the specific program eligibility requirements. CHFA also offers a Downpayment Assistance Program (DAP), a second mortgage loan that can cover both the down payment and closing costs for eligible borrowers. The DAP loan is the same Interest rate as the first mortgage. The Veterans Housing Pilot Program (VHPP) is a 0% interest rate DAP loan created specifically for military veterans; to cover the down payment and closing costs. The VHPP is a pilot program and funds are limited.

Additional CHFA special programs include rehabilitation loans for purchasing and renovating abandoned or foreclosed properties known as the 203K loans. Financing for purchasing manufactured homes is now also an option for borrowers. SmartMove is a second mortgage program for low- and moderate-income homebuyers who have previously qualified for a CHFA first mortgage loan, and can be used for down payment and other costs associated with purchasing a home. CHFA also provides financing to developers for the construction or rehabilitation of affordable multifamily rental properties. **Phone:** (860) 721-9501, ext. 502; for Spanish, ext. 343. **Website:** www.chfa.org

CHFA Foreclosure Prevention Programs

For homeowners who are delinquent or in danger of becoming delinquent on their mortgages due to temporary financial hardship beyond their control, such as a medical issue or job loss, the State of Connecticut offers an Emergency Mortgage Assistance Program (EMAP). CHFA offers financial fitness counseling programs to help homeowners plan and budget to prevent delinquency and foreclosure prevention counseling programs that assist at-

risk borrowers in creating mutually agreeable action plans, including working with lenders to modify loans. These programs are free to borrowers in need. **Phone:** (860) 571-3500 **Toll Free:** 1-877-571-2432 **Website:** www.chfa.org

Connecticut Housing Investment Fund (CHIF)

offers loan products to first-time homebuyers wishing to purchase a mobile home in a state-licensed mobile home park anywhere in Connecticut. CHIF also offers two types of energy-efficiency loans to qualified owners of single-family homes and multi-family apartment buildings to help pay for the purchase and installation of heating systems, vinyl siding, roofing, windows, attic and wall insulation, alternative energy devices, and implementation of other various cost-saving energy conservation measures. **Website:** www.chif.org

Habitat for Humanity offers interest-free loans to qualifying families who wish to purchase a home. A 1-3% down payment, 100-400 hours of sweat equity and homebuyer education workshops are required to obtain the loan. Interested persons should contact their local area affiliate.

Bridgeport 1542 Barnum Avenue **Phone:** (203) 333-2642*

Danbury 51 Austin St. **Phone:** (203) 744-1340

Northeast CT P.O. Box 409, Putnam **Phone:** (860) 928-6501

Hartford 780 Windsor Street **Phone:** (860) 541-2208

Cromwell 34 Shunpike Rd Unit 24-26 **Phone:** (860) 343-9179

New Haven 37 Union Street **Phone:** (203) 785-0794

Southeastern CT 377 Broad Street, New London **Phone:** (860) 442-7890

Northwest CT P.O. Box 1, Salisbury **Phone:** (860) 435-4747

Waterbury P.O. Box 1881 **Phone:** (203) 596-0014

Willimantic/Windham P.O. Box 214 **Phone:** (860) 423-7142

An asterisk () near any entry signifies that a Spanish-speaking staff member is available.*

Homeownership

These programs assist local residents in overcoming obstacles that prevent homeownership. Services offered at each site vary and can include pre-purchase homeowner education; down payment assistance; closing cost assistance; low-interest mortgages; referrals for rental housing and landlord-tenant issues; counseling regarding mortgage delinquencies; loans for property rehabilitation; savings programs; and help in choosing loan sources and obtaining loan approvals.

Bridgeport

Bridgeport Neighborhood Trust, 240 Fairfield Ave. **Phone:** (203) 332-7977 **Website:** www.bntweb.org

Danbury

Association of Religious Communities, 325 Main St. **Phone:** (203) 792-9450 **Website:** www.arcforpeace.org

East Hartford

Financial Counselors of America—Connecticut Branch, 1165 Main St. **Phone:** (860) 986-7470* **Website:** www.financialcounselors.org
Money Management International, 225 Pitkin St. Suite 300 **Toll-free:** (866) 515-2227* **Website:** www.moneymanagement.org

Hartford

Connecticut Housing Investment Fund (CHIF), 121 Tremont Street **Toll-free:** (800) 992-3665 **Website:** www.chif.org
Christian Activities Council, 47 Vine Street **Phone:** (860) 527-9860* **Website:** www.christianactivities.org
Community Renewal Team, Inc., 555 Windsor Street **Phone:** (860) 560-5600* **Website:** www.crtct.org/en/
Hartford Areas Rally Together, 385 Washington St. **Phone:** (860) 525-3449 x102* **Website:** www.hartofhartford.org
Housing Education Resource Center, 901 Wethersfield Avenue, 2nd Floor **Phone:** (860) 296-4242 x101* **Website:** www.herc-inc.org
Mutual Housing Association, 95 Niles Street **Phone:** (860) 296-1797* **Website:** www.mutualhousing.org
Urban League of Greater Hartford, 140 Woodland St. **Phone:** (860) 527-0147 x 283 **Website:** www.ulgh.org
Southside Institutions Neighborhood Alliance, 207 Washington Ave. **Phone:** (860) 493-1618* **Website:** www.sinainc.org

New Britain

Neighborhood Housing Services, 223 Broad St. **Phone:** (860) 224-2433* **Website:** www.nhsnb.org

New Haven

Greater New Haven Community Loan Fund, 171 Orange St.

Phone: (203) 789-8690 **Website:** www.gnhclf.org

Neighborhood Assistance Corporation of America, 144

Orange St. Phone: (203) 562-6220* **Website:**

www.naca.com

Neighborhood Housing Services of New Haven, 333

Sherman Avenue **Phone:** (203) 777-6925 ext. 26 **Website:**

www.nhsfnhnhaven.org

New London

Eastern Connecticut Housing Opportunities, 228 State

Street, Suite 5 **Phone:** (860) 447-8055

Norwich

Catholic Charities, 331 Main Street **Phone:** (860) 889-8346

x271* **Website:** www.ccfnsn.org

Rocky Hill

Connecticut Housing Finance Authority, 999 West Street

Phone: (860) 721-9501 ext. 502 **Website:** www.chfa.org

Stamford

Housing Development Fund, Inc., 100 Prospect St. **Phone:**

(203) 969-1830* **Website:** www.hdf-ct.org

Urban League of Southern CT, 2777 Summer St., Suite 201

Phone: (203) 327-5810 x109 **Website:** www.ulsc.org

Waterbury

Neighborhood Housing Services, 161 North Main Street

Phone: (203) 753-1896* **Website:** www.nhswaterbury.org

Section 8 Homeownership Programs

Ansonia Housing Authority, 36 Main Street Phone: (203)

736-8888* **Website:** www.ansoniahousing.com

Danbury Housing Authority, 11 Lake Avenue Extension

Phone: (203) 744-2500 ext. 121* **Website:**

www.hacdct.org

Meriden Housing Authority, 22 Church Street Phone:

(203) 235-0157* **Website:** www.cityofmeriden.org

New Haven Housing Authority, 360 Orange Street Phone:

(203) 498-8800* **Website:** www.elmcitycommunities.com

Housing Education Resource Center (HERC)

Tenant/Landlord Counseling

Counselors respond to those seeking help with problems and concerns regarding their rental housing situation. The primary focus of this service is to educate clients about their rights and responsibilities and to then provide counseling on the steps the client must take to assert and protect his/her rights and meet his/her obligations in order to resolve the

matter of concern. Services are provided to both tenants and landlords and address a variety of topics including: fair housing and discrimination, evictions, security deposits, repairs and maintenance, housing code enforcement, housing search, heat and utilities, leases and rental agreements, rent increases, housing subsidy programs, foreclosure, tenant selection and many others. Services are provided through group educational workshops, as well as individually over the telephone or in-person. **Housing Counseling Line** (Tuesday and Friday 9 A.M. to 5 P.M.) (860) 296-4372 **Phone:** (860) 296-4372 (860) 296-4242 ext. 101 **Website:** www.herc-inc.org

Housing Education Resource Center (HERC)

Housing Mobility and Search Assistance,

North Central Mobility Program

HERC provides comprehensive counseling, assistance and support services to those with Section 8 and Rental Assistance Program (RAP) vouchers administered by the State of Connecticut. These services enable participants to explore their housing options throughout the state's North Central Region. Clients receive tenant education, budget and credit education and advice, search assistance, referrals to other service providers and a variety of other services aimed at facilitating relocation from high to low-poverty neighborhoods. Mandatory Tenant Education is a key component of the program. It includes education and training on such topics as Fair Housing and Discrimination, Tenant/Landlord Rights and Responsibilities, Conducting a Housing Search, Tenant's Rights in Foreclosure, Bed Bugs, Budget and Credit, Community Resources and others. **Phone:** (860) 296-4242 ext. 105 **Website:** www.herc-inc.org

Health Care

Insurance

Access Health CT

Access Health CT is Connecticut's official health insurance marketplace. It offers Connecticut residents and small employers a range of qualified health care coverage options from health insurance carriers and public health care programs. Individuals, families, and small businesses can get financial help with their health care coverage costs, if

they qualify. Access Health CT was established to meet the requirements of the federal Health Care Reform law (or Affordable Care Act, also known as “Obamacare”). Access Health CT is open to all legal residents of Connecticut. To obtain health care coverage through Access Health CT, you must live in Connecticut, be a U.S. citizen or lawfully present, and cannot currently be incarcerated. You can see if you are eligible for a Qualified Health Plan (QHP) or HUSKY A, HUSKY D or HUSKY B-CHIP. There is an open enrollment period each year. To get health care coverage for 2015, you can enroll anytime during the open enrollment period which is scheduled to run from November 15, 2014, through February 15, 2015. Coverage purchased in that period will begin as early as January 1, 2015. Most applicants can also use Access Health CT’s call center or website to enroll for Medicaid. If you qualify for Medicaid or CHIP (Children’s Health Insurance Program), you can enroll at any time for only those programs. **Toll-free:** (855) 805-4325* **Website:** www.accesshealthct.com

HUSKY Health (Medicaid and Children’s Health Insurance Program)

HUSKY Health is the State of Connecticut’s public health coverage program for eligible children, parents, relative caregivers, pregnant women, adults without dependent children, elders, and individuals with disabilities. Income-eligibility levels apply, but children up to age 19 may qualify, regardless of family income level. The HUSKY Health program offers a full health benefits package. HUSKY Health pays for doctor visits, prescriptions, vision and dental care, and more.

HUSKY A: Depending on family income, Connecticut children and their parents or relative caregivers; and pregnant women may be eligible for this Medicaid coverage.

HUSKY B (also known as the Children’s Health Insurance Program): Uninsured children under age 19 in higher-income households may be eligible; depending on specific income level, family cost-sharing applies.

HUSKY C (Medicaid for the Aged/Blind/Disabled, Long-Term Care Medicaid, or Medicaid for Employees with Disabilities, MED-Connect): Connecticut residents aged 65 or older, or who are aged 18 up to 65th birthday and who are blind, or who have another disability, may qualify for coverage as well. MED-Connect is available to working persons with disabilities with incomes up to \$75,000 annually.

HUSKY D (Medicaid for the Lowest-Income Populations): Connecticut residents aged 19 up to 65th birthday, without dependent children and who do not receive Medicare can be eligible for this coverage. To apply online, **Website:** www.connect.ct.gov, under ‘Apply for Benefits.’ To apply by phone for HUSKY A, B or D, **Toll-free:** (855) 805-HEALTH (4325). For HUSKY C only, download and

complete the ‘W-1E’ application from www.ct.gov/dss/apply and mail it to the DSS ConneCT Scanning Center at P.O. Box 1320, Manchester, CT 06045. Please note that for Long-Term Care Medicaid, the application is the ‘W-1LTC’ form, also available at www.ct.gov/dss/apply. **Toll-free:** (877) CT-HUSKY (877-284-8759) **TDD/ TTY:** (800) 410-1681 **Website:** www.huskyhealth.com.

Medicare Savings Programs (MSP)

There are three Medicare Savings Programs (MSP) that help eligible individuals pay for Medicare Part B premiums. They are the Qualified Medicare Beneficiary program (QMB), the Special Low Income Medicare Beneficiary program (SLMB) and the Additional Low Income Medicare Beneficiary program (ALMB). Household income determines if the individual or couple qualifies for QMB, SLMB or ALMB. All three programs pay Medicare Part B premiums. Only QMB pays Medicare co-pays and deductibles for Medicare-covered services. If eligible, there are no costs for applying or receiving benefits under these programs.

Applications and other program information can be found at www.ct.gov/medicaresavings. Applications need to be mailed to DSS ConneCT Scanning Center, PO Box 1320, Manchester, CT 06045-1320 **Toll-free:** 2-1-1 or 1-800-994-9422* (CHOICES, or Connecticut’s program for Health insurance assistance, Outreach, Information and referral, Counseling, Eligibility Screening)

Medicare Assignment Program (ConnMAP)

ConnMAP is a program for lower-income elders who meet residency requirements and are enrollees of Medicare Medical Insurance (Part B). It is designed to assure enrollees that health care providers who agree to treat them will not charge more than Medicare-approved rates for services covered by Medicare Part B. Information and applications are available from local senior centers, municipal agents and some physicians’ offices or through the Department of Social Services. **Toll-free:** (800) 443-9946 **Phone:** (860) 424-4925

CHOICES

The Connecticut Health Insurance Assistance, Outreach, Information, Counseling and Eligibility Screening Program (CHOICES) offers free, unbiased information, referrals, and assistance to persons on Medicare, caregivers and persons 60 years of age or older, through the Area Agencies on Aging. Trained staff and volunteer counselors assist with health insurance options including Medicare fee-for-service, managed care (Advantage), Medicare Part D prescription plans and the Low-Income Subsidy (LIS),

Medicare Supplemental Insurance (Medigap), and Medicare Savings Programs for individuals with low income. Sometimes a Benefits Checkup eligibility screening for federal and state programs is conducted. Specialists who are up-to-date on all benefit programs direct people to the proper federal, state, or local agency for assistance. In-State **Toll-Free:** (800) 994-9422* **Phone:** (860) 424-5862.

Clinics

Community Health Centers offer a wide variety of primary health care and other services for all age groups at an affordable cost. Improved health is achieved through provision of early detection, preventative care, and treatment. Services may include: diagnostic, laboratory and radiological services; family planning; prenatal, maternal and child health care; pharmaceutical services; mental health services; social services; and health promotion programs. Bilingual services are often available.

Ansonia

CSHHC of Ansonia, 121 Wakelee Avenue **Phone:** 203.503.3250 **Website:** www.hillhealthcenter.com

Bridgeport

Optimus Health Care: **Phone:** (203) 696-3260 **Website:** www.optimushealthcare.org

The Chase Wellness Center, 1071 East Main Street
Hollow Community Health Center, 82 George Street
Optimus Health Care, 982 East Main Street
Bridgeport Community Health Center, 471 Barnum Avenue
Park City Primary Care Center, 64 Black Rock Avenue
Main Street Pediatrics, 3180 Main Street
Ralphola Taylor Community Center, 790 Central Avenue
WIC Program, 1450 Barnum Avenue

Southwest Community Health Center: **Phone:** (203) 330-6000 **Website:** www.swchc.org

968 Fairfield Avenue
46 Albion Street
510 Clinton Avenue
1046 Fairfield Avenue
743 South Avenue

Bristol

Community Health Center, 395 North Main Street **Phone:** (860) 585-5000* **Website:** www.chc1.com

You can also reach United Way 2-1-1 by dialing (800) 203-1234

Clinton

Community Health Center, 114 E. Main Street **Phone:** (860) 664-0787* **Website:** www.chc1.com

Colchester

United Community & Family Services - Colchester - Behavioral Health, 212 Upton Road **Phone:** (860) 889-2375 **Website:** www.ucfs.org

Danbury

CIFC Community Health Center of Greater Danbury, 57 North Street, Suites 309-311 **Phone:** (203) 743-9760 **Website:** www.ct-institute.org
Community Health Center, 8 Delay Street **Phone:** (203) 797-8330* **Website:** www.chc1.com

Danielson

Generations Family Health Center of Danielson, 54 Reynolds Street **Phone:** (203)777-7411 **Website:** www.genhealth.org

Derby

Richard O. Belden Dental Clinic, 30 Elizabeth Street **Phone:** (203) 503-3250 **Website:** www.hillhealthcenter.com

Enfield

Community Health Center, 5 North Main Street **Phone:** (860) 253-9024* **Website:** www.chc1.com

East Hartford

First Choice Health Centers: **Phone:** (860) 528-1359
Website: www.firstchc.org
94 Connecticut Boulevard
110 Connecticut Boulevard
265 Ellington Road

Groton

Community Health Center, 481 Gold Star Hwy #101 **Phone:** (860) 446-8858* **Website:** www.chc1.com

Hartford

Charter Oak Health Center **Phone:** 860.550.7500
Website: www.thecharteroak.org
21 Grand Street
401 New Britain Avenue

Community Health Services, 500 Albany Ave. **Phone:** (860) 249-9625 **Website:** www.chshartford.org

Jewett City
United Community & Family Services, 70 Main Street
Phone: (860) 889-2375 **Website:** www.ucfs.org

Manchester
First Choice Health Center of Manchester, 150 North Main Street **Phone:** (860) 528-1359 **Website:** www.firstchc.org

Meriden
Community Health Center, 134 State Street **Phone:** (203) 237-2229 **Website:** www.chc1.com

Middletown
Community Health Center, 675 Main Street **Phone:** (860) 347-6971 **Website:** www.chc1.com

New Britain
Community Health Center, 85 Lafayette Street **Phone:** (860) 224-3642 **Website:** www.chc1.com

New Haven
Cornell Scott-Hill Health Corporation. **Phone:** (203) 503-3250 **Website:** www.hillhealthcenter.com
Cornell Scott-Hill Health Center, 400 Columbus Avenue
Dixwell Health Center, 226 Dixwell Avenue
State Street Health Services, 911 State Street
Fair Haven Community Health Clinic **Phone:** (203) 777-7411 **Website:** www.fhchc.org
374 Grand Avenue
Fair Haven Medical Group at Bella Vista, 339 Eastern Street

New London
United Community & Family Services - New London - Behavioral Health, 400 Bayonet Street **Phone:** (860) 889-2375 **Website:** www.ucfs.org
Community Health Center, 1 Shaws Cove **Phone:** (860)447-8304* **Website:** www.chc1.com

Norwalk
Norwalk Community Health Center, 120 Connecticut Avenue **Phone:** (203) 899-1770 **Website:** www.norwalkchc.org

Community Health Center, 49 Day Street **Phone:** (203) 854-9292* **Website:** www.chc1.com

Norwich
Generations Family Health Center of Norwich, 330 Washington Street, Suite 510 **Phone:** (203) 777-7411 **Website:** www.genhealth.org

Edward & Mary Lord Center, 47 Town Street **Phone:** (860) 889-2375 **Website:** www.ucfs.org

Old Saybrook
Community Health Center, 263 Main St # 202 **Phone:** (860) 388-4433* **Website:** www.chc1.com

Putnam
Generations Family Health Center of Putnam, 202 Pomfret Street **Phone:** (203)777-7411 **Website:** www.genhealth.org

Plainfield
United Community & Family Services, 120-122 Plainfield Road **Phone:** (860) 889-2375 **Website:** www.ucfs.org

Stamford
Optimus Health Care **Phone:** (203) 696-3260 **Website:** www.optimushealthcare.org

Stamford Community Health Center, 805 Atlantic Street
Integrated Care Clinic - Behavioral Health, 780 Summer Street
Fairgate Health Center, 138 Stillwater Street
Stamford Outpatient Clinics, 1351 Washington Boulevard
Community Health Center, 141 Franklin Street **Phone:** (203) 969-0802* **Website:** www.chc1.com

Stratford
Optimus Health Care/Stratford Community Health Center
727 Honeyspot Road **Phone:** (203.696.3260 **Website:** www.optimushealthcare.org

Torrington
Community Health & Wellness Center of Greater Torrington, 469 Migeon Avenue **Phone:** (860) 489-0931 **Website:** www.chwctorr.org

Vernon
First Choice Health Center of Vernon, 3 Prospect Street **Phone:** (860) 528-1359 **Website:** www.firstchc.org

Waterbury
StayWell Health Care **Phone:** (203) 756-8021 **Website:** www.staywellhealth.org
80 Phoenix Avenue
South End, 1302 South Main Street
South End - Behavioral Health, 1309 South Main Street

Community Health Center, 51 North Elm Street **Phone:**
(203) 574-4000* **Website:** www.chc1.com

West Haven

West Haven Health Center, 285 Main Street **Phone:** (203)
503-3250 **Website:** www.hillhealthcenter.com

Willimantic

Generations Family Health Center, 40 Mansfield Avenue
Phone: (203) 777-7411 **Website:** www.genhealth.org

Winsted

Community Health & Wellness Center of Greater
Torrington, 115 Spencer Street **Phone:** (860) 489-0931
Website: www.chwctorr.org

Windsor

Community Health Services, 503 Windsor Avenue **Phone:**
(860) 249-9625 **Website:** www.chshartford.org

School-Based Health Centers (SBHCs)

SBHCs are located within or on the grounds of schools. SBHCs are licensed out-patient facilities or hospital satellite clinics that offer primary preventive health and mental health and in some cases oral health services and health promotion/education/risk reduction activities for students in grades Pre-K through 12. Services include but are not limited to: routine checkups and health counseling; physical examinations; immunizations; treatment of acute injuries or illnesses; crisis intervention; individual, group and family counseling; and health promotion/education/ risk reduction activities. Services are aimed at, but not limited to, students who do not have access to a family doctor, or whose families have little or no health insurance. All students enrolled at the school serviced by the SBHC are eligible; however, parent consent is required. Contact numbers for Department of Public Health (DPH)-funded SBHCs are listed below.

Ansonia

Ansonia High **Phone:** (203) 736-5060

Bloomfield

Metropolitan Learning Center **Phone:** (860) 242-7834

Branford

Murphy Elementary **Phone:** (203) 483-1832
Walsh Intermediate. **Phone:** (203) 488-8317
Branford High **Phone:** (203) 488-7291

Bridgeport

Blackham **Phone:** (203) 576-7951

Columbus **Phone:** (203) 275-1901

Dunbar **Phone:** (203) 576-7194

JFK **Phone:** (203) 576-7535

Read **Phone:** (203) 576-7743

Roosevelt **Phone:** (203) 275-2101

Marin **Phone:** (203) 576-8202

Bassick High **Phone:** (203) 275-3081

Central High **Phone:** (203) 275-1502

Harding High **Phone:** (203) 275-2751

Danbury

Broadview Middle **Phone:** (203) 797-4861

Rogers Park Middle **Phone:** (203) 797-4881

Danbury High **Phone:** (203) 797-4808

East Hartford

East Hartford High **Phone:** (860) 622-5200

East Hartford Middle **Phone:** (860) 622-5600

Silver Lane Elementary **Phone:** (860) 622-5500

Mayberry Elementary **Phone:** (860) 622-5720

Hockanum Elementary **Phone:** (860) 622-5440

East Haven

Momauguin School **Phone:** (203) 468-3321

East Windsor

East Windsor High **Phone:** (860) 623-3361

Groton

Chester Elementary **Phone:** (860) 449-5636

Kolnaski Magnet **Phone:** (860) 449-5612

West Side Middle **Phone:** (860) 449-5630

Fitch High **Phone:** (860) 449.7200

Cutler Middle **Phone:** (860) 572-5830

Hamden

Hamden High **Phone:** (203) 407-2040

Church Street School **Phone:** (203) 407-2020

Hartford

Hartford Public High **Phone:** (860) 695-2400

Weaver High **Phone:** (860) 695-1640

Sánchez Elementary **Phone:** (860) 695-4940

M.D. Fox **Phone:** (860) 695-7725

Asian Studies School at Belizzi School **Phone:** (860) 695-2400

Clark Elementary & Middle **Phone:** (860) 695-3240

Meriden

Lincoln Middle **Phone:** (203) 238-2381

Middletown

Macdonough Elementary **Phone:** (860) 347-8553

Keigwin Middle **Phone:** (860) 632-2433
Wilson Middle **Phone:** (860) 347-8594

New Britain

Roosevelt Middle **Phone:** (860) 612-3334
New Britain High **Phone:** (860) 225-6351

New Haven

Barnard Environmental Studies **Phone:** (203) 691-3500
Clinton Avenue **Phone:** (203) 691-3300
Clemente Leadership Academy **Phone:** (203) 497-7600
King-Robinson Inter-district Magnet **Phone:** (203) 691-2700
Mauro-Sheridan Inter-district Magnet **Phone:** (203) 691-2800
Lincoln-Bassett **Phone:** (203) 492-8500
Troup **Phone:** (203) 691-3000
Truman **Phone:** (203) 691-2100
Fair Haven **Phone:** (203) 691-2600
Hillhouse High **Phone:** (203) 497-7500
Wilbur Cross High **Phone:** (203) 497-7400

New London

Bennie Dover Jackson Middle **Phone:** (860) 437-6480
New London High **Phone:** (860) 437-6400
Nathan Hale Arts Magnet **Phone:** (860) 447-6060
Winthrop Magnet Elementary **Phone:** (860) 447-6070
Jennings Elementary **Phone:** (860) 447-6050
Regional Multicultural Magnet School **Phone:** (860) 437-7775
Inter-district School for Arts and Communication (ISSAC) **Phone:** (860) 447-1003

Norwalk

Briggs High **Phone:** (203) 899-2820
McMahon High **Phone:** (203) 852-9488
Norwalk High **Phone:** (203) 838-4481

Norwich

Kelly Middle **Phone:** (860) 823-4211
Norwich Free Academy **Phone:** (860) 887-2505
Teachers Memorial Middle **Phone:** (860) 823-4212
Stanton Network Elementary **Phone:** (860) 823-4207

Putnam

Putnam Middle School **Phone:** (860) 963-6920

Stamford

Dolan Middle **Phone:** (203) 977-4441
Rippowam/Academy of Information Technology and Engineering (AITE) **Phone:** (203) 977-5255
Stamford High **Phone:** (203) 977-4227

Westhill High **Phone:** (203) 977-4477
Cloonan Middle **Phone:** (203) 977-4544

Stratford

Wooster Middle **Phone:** (203) 385-4275

Stonington

Pawcatuck Middle **Phone:** (860) 599-5696

Waterbury

Driggs Elementary **Phone:** (203) 574-8160

Waterford

Friendship School **Phone:** (860) 447-4049

Windham

Windham High **Phone:** (860) 465-2460
Windham Middle **Phone:** (860) 465-2350
Barrows STEM Academy **Phone:** (860) 465-2610

Children and Youth

Connecticut Birth to Three System

The Connecticut Birth to Three System offers a statewide early intervention system for infants and toddlers with significant developmental delays or disabilities who are under three years old. Families of eligible children team with professionals including motor, speech, education, mental health providers and others to develop a plan of supports provided in their home or community settings. Evaluation, service coordination and transition planning are available at no cost. Families whose incomes are \$45,000 or more annual adjusted gross pay a monthly sliding scale fee for therapy services. Statewide coverage is provided by comprehensive general programs as well as programs specializing in children who are deaf/hard-of-hearing or who have an autism spectrum disorder. **Toll-free:** Child Development Infoline, 1-800-505-7000 **Website:** www.birth23.org

Healthy Start

The goal of the Healthy Start program is to support and promote positive maternal and neonatal health outcomes through Medicaid enrollment, referrals to health care, mental health providers and other services. The program engages roughly 5,000 adults and children in services that include enrollment assistance in HUSKY Health/Medicaid, providing safety information, depression screens, and, in some cases, intensive case management and outreach to medically at risk non-compliant women. The services also help undocumented pregnant immigrants, not eligible for

HUSKY, to find resources in their communities to help cover the cost of prenatal care including medical tests. Eligible mothers have incomes of roughly \$30,000 or less for a family of one and \$58,000 or less for a family of four. Healthy Start is offered in 15 communities across the state. Services are located in a number of venues that include health departments, hospital clinics and federally qualified health centers. **Toll-free:** 2-1-1

Connecticut Medical Home Initiative (CMHI)

CMHI promotes family-centered, community-based, culturally competent, coordinated care for children with, or at risk for, chronic and disabling conditions. Care Coordinators work with primary care providers (medical homes) to identify children and provide their families access to comprehensive coordinated care. Limited funding is available for approved medical goods and services including but not limited to: hearing aids, wheelchairs, prescription medicines, and special nutritional formulas for those who meet family income and insurance eligibility guidelines. For more information contact the nearest CMHI or **Toll-free:** Child Development Infoline (800) 505-7000* For information on respite and approved medical goods and services, contact CT Lifespan Respite Coalition **Toll-free:** (877) 737-1966*

Southwest Region : Stamford

Stamford Health Systems **Toll-free:** (866) 239-3907

Eastern: Norwich

United Community and Family Services, Inc. **Toll-free:** (866) 923-8237

North Central: Hartford

Connecticut Children's Medical Center **Toll-free:** (877) 835-5768

South Central: New Haven

Coordinating Council for Children in Crisis **Toll-free:** (877) 624-2601*

Northwest: Waterbury

St. Mary's Hospital **Toll-free:** (866) 517-4388

Birthright is an emergency pregnancy service for any female concerned by her pregnancy. Birthright provides free pregnancy tests, friendship counseling, practical support, community resource information and referrals to help her throughout her pregnancy and for as long as needed. All services are free and confidential. Referrals are provided for medical care, financial assistance, adoption information, legal aid, education counseling, job placement, and housing. For more information call the nearest office or the National Hotline **Toll-free:** (800) 550-4900

Ansonia (203) 734-6545

Clinton (860) 664-9466

Danbury (203) 744-3737

East Hartford (860) 290-8800

Hamden (203) 248-6550

Meriden (203) 237-9887

Newington (860) 665-0234

New London (860) 443-6205

Norwalk (203) 853-4872

Stamford (203) 348-4355

West Haven (203) 934-3105

Willimantic (860) 456-9495

Hopeline Pregnancy Resource Center

Hopeline offers free, confidential pregnancy tests and ultrasounds whether a woman chooses to keep her child, chooses adoption, or chooses abortion. Hopeline provides decision-making counseling for those in unplanned pregnancies; emotional and spiritual support during and after pregnancy; assistance with resources; baby supplies; referrals; and information to make an informed choice. Help is also offered in post-abortion support groups, relationship counseling, and abstinence counseling. Offices are located in Bridgeport, Danbury, and Stamford. **Toll-free:** (800) 203-4673* **Website:** www.hopelineprc.org

Planned Parenthood of Southern New England (PPSNE)

PPSNE offers a wide range of reproductive health services for women and men of all ages in a convenient and confidential environment. Services include all FDA-approved birth control methods (including emergency contraception); Pap tests and breast exams; testing and treatment for sexually transmitted infections; HIV counseling and testing; pregnancy testing and counseling; vaccinations, including HPV and Hepatitis B; and medication and surgical abortion services. Most centers provide colposcopy, cryosurgery and LEEP. PPSNE has a sliding fee scale based on your income and participates with many insurance plans. To make an appointment for any of the health center locations listed below, call **Toll-free:** (800) 230-PLAN (7526) **Website:** www.ppsne.org

Bridgeport 211 State Street

Danbury 44 Main Street

Danielson 87 Westcott Road

Enfield 111 Hazard Avenue

Hartford 1229 Albany Avenue

Manchester 319 Main Street

Meriden 26 Women's Way

New Britain 100 Grand Street

New Haven 345 Whitney Avenue
New London 45 Franklin Street
Norwich 12 Case Street
Old Saybrook 263 Main Street
Stamford 1039 East Main Street
Torrington 249 Winsted Road
Waterbury 969 West Main Street
West Hartford 1030 New Britain Ave.
Willimantic 1548 West Main Street

Mental Health and Addiction

Connecticut Department of Mental Health and Addiction Services (DMHAS) is the state's healthcare service agency responsible for health promotion and the prevention and treatment of mental health and substance use disorders. The single overarching goal of DMHAS is promoting and achieving a quality-focused, culturally responsive, and recovery-oriented system of care. DMHAS serves adults 18 years or older who lack the necessary resources to pay for mental health or addiction treatment services. Community behavioral health support services are designed to enable adults with mental health or substance use disorders to live successfully in the community. Support is offered through a variety of treatment options including: residential treatment, employment services, social rehabilitation, and case management to enhance community and independent living skills. Individuals seeking referral for treatment services should access **The Network of Care for Mental/Behavioral Health**, an online information portal for community mental health services, substance use treatment programs and help for people with developmental disabilities. This online community, which may be accessed through the DMHAS **websites:** www.ct.gov/dhmas or at www.connecticut.networkofcare.org, provides critical information, communication and advocacy tools with a single point of entry for those seeking access to social services. It ensures there is "No Wrong Door" for those navigating the system of behavioral health resources, those working to avoid the need for formal services, and those ready to transition out of the behavioral health system. Additional information regarding DMHAS' services may be accessed by calling **Toll-free: 2-1-1**. Non-emergency customer assistance can be accessed through **Toll-free: (800) 446-7348***. For general information on mental health and recovery contact the Connecticut Clearinghouse **Toll-free: (800) 232-4424** TDD: (860) 418-6707 **Website:** www.ct.gov/dmhas

DMHAS Problem Gambling Services

DMHAS Problem Gambling Services provides a full range of services to help problem gamblers and their families. Services include educational programs as well as individual, financial, group, marital and family counseling and are available at 14 "Bettor Choice" sites throughout the state. Problem Gambling Helpline is available 24/7, is toll free and confidential. Interpreter services available for non-English speaking clients. **Toll-Free:** (866) 440-4375 **Phone:** (860) 344-2244

Emergency Mobile Psychiatric Services for Youth (EMPS)

EMPS is for children and youth from birth through age 18 and their families. Anyone, including parents, school personnel, behavioral health providers, youth, or anyone in contact with a child in crisis may call for assistance. The service is available 24 hours a day, and requires no out-of-pocket costs. EMPS provides a rapid crisis response and prevents unnecessary placement of young people with emotional or behavioral disturbances. EMPS is easily accessed statewide, **Toll-free:** 2-1-1 and choose the menu option for crisis/EMPS response. A 2-1-1 crisis specialist will assist the caller and link them with a local provider available to travel to the home, school, or appropriate location. Additional information on EMPS is available on the DCF **Website:** www.ct.gov/DCF. Enter EMPS in the search field and then select the link labeled "DCF: Emergency Mobile Psychiatric Services."

An asterisk () near any entry signifies that a Spanish-speaking staff member is available.*

Alcohol and Drug Treatment

24/7 information and referral to drug and alcohol treatment and supportive recovery services can be accessed **Toll-free:** 2-1-1 or (800) 203-1234*

Advocacy Unlimited, Inc. (AU) is a statewide nonprofit organization whose mission focuses on recovery, wellness, and human rights. AU offers comprehensive recovery and advocacy education for persons with or in recovery from mental health or co-occurring disorders, including the Recovery University Certification Program, its long-standing Advocacy Education Course, the Young Adult "Super Advocate" Program, and the "Join Rise Be" Young Adult Program. In addition, Advocacy Unlimited has added its wellness initiative, Toivo Intentional Living. Toivo brings a holistic approach to health and wellness with interactive yoga, meditation, transformative habits, mindfulness, music healing, nutrition workshops, and much more. Further, AU places an emphasis on human rights and dignity for all through its strong advocacy for the rights of

individuals with mental health or co-occurring disorders and its strong stand against discrimination. **Toll-free:** (800) 573-6929* **Website:** www.mindlink.org

Alcoholics Anonymous (AA) is a fellowship of men and women who have found a solution to their drinking problem. The only requirement for membership is a desire to stop drinking. There are no dues or fees; AA is supported by voluntary contributions of its members, neither seeking nor accepting outside funding. Members observe personal anonymity outside of the fellowship group. There are approximately 3,000 AA meetings held each week in Connecticut. **Toll-free:** (866) 783-7712 **Spanish:** (855) 377-2628 **Website:** www.ct-aa.org

APT Foundation Inc. provides outpatient and residential substance use disorder treatment, primary healthcare, outpatient mental health treatment services, medication assisted treatment, family counseling services, and adult education all vocational services to all, including women with children and those living with HIV/AIDS. Its dedicated and compassionate multi-disciplinary treatment team works hard to assure that every person's recovery experience is handled with safety, dignity, and empowerment. It is committed to providing respectful, individualized, and confidential care to all of its clients and their loved ones. **Address:** 1 Long Wharf Drive, Suite 10, New Haven, CT 06511 **Phone:** (203) 781-4600* **Website:** www.aptfoundation.org

Connecticut Counseling Centers operates three sites that provide a full range of licensed outpatient substance abuse and mental health prevention, education and treatment services to assist adults in becoming productive members of society. Centers are accredited and provide methadone maintenance, ambulatory opioid taper, outpatient mental health and addiction services, and intensive outpatient treatment programs. Integrated co-occurring treatment services are available for all levels of care. Centers also provide HIV, Tuberculosis, and Hepatitis A-C testing and counseling. **Corporate Phone:** (203) 743-4698 **Website:** www.ctcounseling.org

Danbury: 60 Beaver Brook Road **Phone:** (203) 743-7574

Norwalk: 20 North Main Street **Phone:** (203) 838-6508

Waterbury: 4 Midland Road **Phone:** (203) 755-8874*

Community Substance Abuse Centers (CSAC) is a private outpatient program that provides treatment for those who abuse drugs and alcohol. CSAC specializes in addiction to narcotics and provides outpatient medically assisted treatment (methadone) for opioid users in a caring

and compassionate setting. Patients who are pregnant or have medical complications such as AIDS are given priority admission. State insurance accepted. **Address:** 55 Fishfry Street, Hartford **Phone:** (860) 247-8300*

The Consultation Center provides prevention, intervention, research, evaluation, and training services in New Haven, throughout Connecticut, nationally, and internationally. Its work with adolescents, adults, and elders includes program and professional development, consultation, education, technical assistance, and psychotherapy to individuals, families, groups, schools, community-based organizations, and corporations. Examples of this work include the Youth Development Training & Resource Center, Gear Up, Workplace Wellness, Grandparents Raising Grandchildren, Caregiver Coaching, Family Violence Prevention, and the Connecticut Self-Help Network which refers callers to issue-specific self-help groups and provides training for group facilitators (phone: (203) 624-6982). **Phone:** (203) 789-7645* **Website:** www.theconsultationcenter.org

Mental Health Association of Connecticut offers advocacy, educational programs and direct services that promote mental health, prevent mental illness, and improve care and treatment of persons with mental illness. Services include: programs for children and adults on mental health issues; referral to mental health services; a psychosocial rehabilitation center; supported employment; housing programs; specialized residential and employment services for people who are both deaf and mentally ill; and support groups. **Toll-Free:** (800) 842-1501 **Phone:** (860) 529-1970 **Website:** www.mhact.org

Narcotics Anonymous is a 12-step self-help program for recovering addicts, based on the belief of one addict helping another. The Connecticut Chapter serves nine areas across the state. For meeting schedules or information **Toll-free Hotline:** (800) 627-3543* **Website:** www.ctna.org

National Alliance on Mental Illness Connecticut (NAMI CT) is a grass-roots member organization of families, friends, and individuals living with serious mental illness. The state office is located in Hartford. Its purpose is to provide support, education, and advocacy related to individuals living with mental illness and their family members; keep individuals informed of services and resources available to them in or near their communities; develop public understanding of mental illness; and advocate for better services and treatment. **Toll-free:** (800) 215-3021 **Phone:** (860) 882-0236 **Website:** www.namict.org

Nonprofit Counseling Services

The **Family Service Agencies** listed below are community-based resources for crisis and mental health counseling for troubled parents, couples, youth, and the elderly. **Child Guidance Clinics** provide diagnostic and crisis counseling services, behavioral management and psychiatric treatment to children – usually up to age 18 – and their parents. **Mental Health Centers** provide similar services to adults as well as children and youth.

Statewide

Connecticut Association of Mental Health Clinics for Children **Phone:** (860) 297-0583

Connecticut Council of Family Services Agencies **Toll-free:** (888) 350-5437 **Website:** www.ctfsa.org

Ansonia

BHCare **Phone:** (203) 736-2601* **Website:** www.bhcare.org

Catholic Charities **Phone:** (203) 735-7481 **Website:** www.ccaoh.org

Bloomfield

Community Health Services **Toll-free:** (877) 884-3571
Website: www.chshartford.org

Bridgeport

Catholic Charities **Phone:** (203) 416-1322* **Website:** www.ccfairfield.org

Child Guidance Center **Phone:** (203) 394-6529* **Website:** www.cgccb.org

FSW **Phone:** (203) 368-4291* **Website:** www.fswinc.org

Bristol

Catholic Charities **Phone:** (860) 589-8662* **Website:** www.ccaoh.org

Wheeler Clinic **Phone:** (860) 793-3500* **Website:** www.wheelerclinic.org

Colchester

United Community & Family Services **Phone:** (860) 537-7676 **Website:** www.ucfs.org

Columbia

United Services **Phone:** (860) 228-4480 **Website:** www.unitedservicesct.org

Danbury

Family and Children's Aid **Phone:** (203) 748-5689*
Website: www.fcaweb.org

Catholic Charities **Phone:** (203) 744-3500 **Website:** www.ccfairfield.org

Darien

Family Centers, Inc. **Phone:** (203) 655-0547* **Website:** www.familycenters.org

Child Guidance Center **Phone:** (203) 662-9380 **Website:** www.childguidancect.org

Dayville

United Services **Phone:** (860) 774-2020* **Website:** www.unitedservicesct.org

Enfield

CHR/North Central Counseling Services **Phone:** (860) 253-5020* **Website:** www.chrhealth.org

Essex

Child & Family Agency of SE CT **Phone:** (860) 767-0147*
Website: www.childandfamilyagency.org

Fairfield

Child Guidance Center **Phone:** (203) 394-6529* **Website:** www.childguidancect.org

Jewish Family Services **Phone:** (203) 366-5438 **Website:** www.ifsct.org

Greenwich

Child Guidance Center **Phone:** (203) 324-6127*/(203) 255-2631 **Website:** www.childguidancect.org

Jewish Family Services **Phone:** (203) 622-1881* **Website:** www.ifsgreenwich.org

Guilford

Guilford Youth and Family Services **Phone:** (203) 453-8047
Website: www.ci.guilford.ct.us/youth-family-services

Hamden

Behavioral Health Services **Phone:** (203) 288-6253

Website: www.medicine.yale.edu/psychiatry/care/services/services/outpatient

Hartford Area

Asian Family Services **Phone:** (860) 951-8770 x222
Website: www.crtct.org/en/need-help/m-health/asian-family-services

Catholic Charities* **Phone:** (860) 522-8241* **Website:**
www.ccaoh.org

Institute for the Hispanic Family* **Phone:** (860) 527-1124*
Website: www.cccfs.org

IHF Child Guidance Clinic* **Phone:** (860) 527-1124*

Institute of Living* **Phone:** (860) 545-7000* **Website:**
www.instituteofliving.org

Institute of Living Child Guidance Clinic **Phone:** (860) 545-7239* **Website:**
www.harthosp.org/InstituteOfLiving/ChildAdolescentServices/OutpatientClinic

Jewish Family Service of Greater Hartford **Phone:** (860) 236-1927 **Website:** www.ifshartford.org

Village for Families and Children **Phone:** (860) 527 4224*/(860) 236-4511* **Website:** www.thevillage.org

Wheeler Clinic **Toll-free:** (888) 793-3500* **Website:**
www.wheelerclinic.org

Jewett City

UCFS Health Center **Phone:** 860-376-7040 **Website:**
www.ucfs.org

Lakeville

Community Mental Health Affiliates **Phone:** (860) 435-2529 **Website:** www.cmhacc.org

Manchester

Community Child Guidance Clinic **Phone:** (860) 643-2101*
Website: www.ccginc.org

Meriden

Catholic Charities **Phone:** (203) 235-2507* **Website:**
www.ccaoh.org/

Child Guidance Clinic Central Connecticut **Phone:** (203) 235-5767* **Website:** www.cgccentralct.org

Middletown

CHC Child Guidance Clinic **Phone:** (860) 347-6971*
Website: www.chc1.com

Outpatient Mental Health Clinic of Middlesex Hospital
Phone: (860) 358-8760 **Website:**
www.middlesexhospital.org/our-services/hospital-services/behavioral-health

Catholic Charities **Phone:** (860) 346-0060 **Website:**
www.ccfns.org

Milford

Catholic Charities **Phone:** (203) 874-6270* **Website:**
www.ccaoh.org

New Britain

Catholic Charities **Phone:** (860) 225-3561* **Website:**
www.ccaoh.org

Child Guidance Clinic of CMHA **Phone:** (860) 223-2778*
Website: www.cmhacc.org/program-services/children-s-services/outpatient-programs

Community Mental Health Affiliates **Phone:** (860) 826-1358
www.cmhacc.org

Family Services of Central CT **Phone:** (860) 223-9291*
Website: www.healthcare.com/profile/family-services-of-central-connecticut-inc

New Haven

Catholic Charities **Phone:** (203) 787-2207* **Website:**
www.ccaoh.org

Clifford Beers Guidance Clinic **Phone:** (203) 772-1270*
Website: www.cliffordbeers.org

Connecticut Mental Health Center **Phone:** (203) 974 5800*
Website: www.ct.gov/dmhas

Hill Health Center Child Guidance **Phone:** (203) 503-3066*
Website: www.hillhealthcenter.com

Jewish Family Service of New Haven **Phone:** (203) 389-5599 **Website:** www.ifsnh.org

Yale University Child Study Center **Phone:** (203) 785-2513
Website: www.childstudycenter.yale.edu

New London

Child and Family Agency of SE CT **Phone:** (860) 443-2896*
Website: www.childandfamilyagency.org

Child Guidance Clinic of SE CT **Phone:** (860) 437-4550
Website: www.childandfamilyagency.org/contact-us/locations

United Community & Family Services **Phone:** (860) 442-4319*
Website: www.ucfs.org

Catholic Charities **Phone:** (860) 443-5328
Website: www.ccfns.org

Newtown

Family Counseling Center **Phone:** (203) 426-8103
Website: www.newtownyouthandfamilyservices.org/

Norwalk

Catholic Charities **Phone:** (203) 750-9711 **Website:**
www.catholiccharitiesusa.org/

Family and Children's Agency Inc. **Toll-free:** (800) 676-4066* **Website:** www.familyandchildrensagency.org

Programs that Help People in Connecticut is available on-line at cahs.org/publications

Mid-Fairfield Child Guidance Center **Phone:** (203) 299-1315* **Website:** www.childguidancemfct.org
Family and Children's Agency, Inc. **Phone:** (203) 855-8765
Website: www.familyandchildrensagency.org

Norwich

United Community and Family Services **Phone:** (860) 892-7042*/(860)889-2375
Website: www.ucfs.org
Catholic Charities **Phone:** (860) 889-8346 **Website:** www.ccfns.org

Old Saybrook

Youth and Family Services **Phone:** (860) 395-3123
Website: www.oldsaybrookct.org/pages/oldsaybrookct_youth/index

Orange

Orange Family Counseling **Phone:** (203) 795-6698*
Website: www.orange-ct.gov/cominfo/family.htm

Plainfield

UCFS Health Care **Phone:** (860) 822-4938 **Website:** www.ucfs.org

Plainville

Wheeler Clinic **Phone:** (860) 793-3500* **Website:** www.wheelerclinic.org

Shelton

Lower Naugatuck Valley Parent-Child Resource Center
Phone: (203) 954-0543*
Website: www.lnvpcrc.org

Stamford

Child Guidance Center of SE CT **Phone:** (203) 324-6127
Website: www.childguidancect.org/
Family Centers, Inc. **Phone:** (203) 324-3167* **Website:** www.familycenters.org
Jewish Family Services **Phone:** (203) 921-4161 **Website:** www.ctifs.org

Stratford

Child Guidance Center of Greater Bridgeport **Phone:** (203) 378-1654*

Torrington

Catholic Charities **Phone:** (860) 482-5558 **Website:** www.ccaoh.org
Charlotte Hungerford Child Guidance Clinic **Phone:** (860) 489-3391* **Website:** www.charlottehungerford.org

Community Mental Health Affiliates **Phone:** (860) 482-8561 **Website:** www.cmhacc.org

Vernon

Hockanum Valley Community Council **Phone:** (860) 872-9825* **Website:** www.hvcchelps.org/behavioral-health

Waterbury

Wellmore Behavioral Health **Phone:** (203) 756-7287*
Website: www.wellmore.org
Family Services of Greater Waterbury* **Phone:** (203) 720-5060*
Website: www.familyservicesgw.org/contact
Community Mental Health Affiliates **Phone:** (203) 596 - 9724* **Website:** www.cmhacc.org

West Hartford

The Bridge Family Center **Phone:** (860) 521-8035*
Website: www.bridgefamilycenter.org
Jewish Family Services of Greater Hartford **Phone:** (860) 236-1927 **Website:** www.ifshartford.org

West Haven

West Haven Memorial Health Clinic **Phone:** (203) 974-5900 **Website:** www.medicine.yale.edu/psychiatry/care/cmhc/clinics/whaven

Westbrook

Middlesex Hospital Shoreline Clinic **Phone:** (860) 358-3700* **Website:** www.middlesexhospital.org

Westport

Jewish Family Services **Phone:** (203) 921-4161 **Website:** www.ctifs.org

Willimantic

Catholic Charities **Phone:** (860) 423-7065 **Website:** www.ccfns.org
Generations Family Health Center **Phone:** (860) 450-0585
Website: www.genhealth.org
United Services **Phone:** (860) 456-2261* **Website:** www.unitedservicesct.org

Psychiatric and Emergency Management

For individuals experiencing a psychiatric crisis, help is available throughout the state at crisis intervention centers that provide immediate assessment and treatment and then link individuals to appropriate continuing treatment and support services. Crisis phone lines, on-site crisis intervention staff, and crisis and respite beds are available at the following locations:

Ansonia

Valley Mental Health Center **Phone:** (203) 736-2601 x1370
Website: www.BHcare.org

Branford

Clinical/Outpatient Harbor Health **Phone:** (203) 483-2630*
Website: www.BHcare.org

Bridgeport

Community Mental Health Center **Phone:** (203) 551-7507*
 or (203) 551-7512

Danbury

Danbury Hospital **Toll-free:** (888) 447-3339* **Website:**
www.danburyhospital.org

Dayville

United Services **Phone:** (860) 774-2020* **Website:**
www.unitedservicect.org

Enfield

Community Health Resources **Toll-free:** (877) 884-3571
Website: www.chrhealth.org

Hartford

Capitol Region Mental Health Center **Phone:** (860) 297-0999*

Manchester

Genesis Center **Toll-free:** (877) 884-3571* or (860) 683-8068

Meriden

Rushford Center **Toll-free:** (800)-567-0902* or (203) 630-5305
Website: www.rushford.org

Middletown

River Valley Services **Phone:** (860) 344-2100* or (860) 262-5200
Website: www.ct.gov/dmhas

New Haven

Connecticut Mental Health Center **Phone:** (203) 974-7735*
Website: www.ct.gov/dmhas

Norwich

Southeastern Mental Health Authority **Phone:** (860) 886-9302*
Website: www.ct.gov/dmhas

Plainville

Wheeler Clinic **Phone:** (860) 747-3434* **Website:**
www.wheelerclinic.org/crisis-services

Stamford

F.S. DuBois Center* **Phone:** (203) 358-8500* **Website:**
www.ct.gov/dmhas

Torrington

Northwest Mental Health Authority **Toll-free:** (888) 447-3339*
Website: www.ct.gov/dmhas

Waterbury

Waterbury Hospital **Phone:** (203) 573-6500* **Website:**
www.waterburyhospital.org

Willimantic

United Services **Phone:** (860) 456-2261* **Website:**
www.unitedservices.org

Windsor

Crisis Stabilization Services **Toll-free:** (877) 884-3571* or
 (860) 683-8068 **Website:** www.chrhealth.org

Salvation Army Adult Rehabilitation Center

This is a 7- to 12-month Christian residential rehabilitation program for men and women between the ages of 18 and 65 who are dealing with life issues such as drug and/or alcohol abuse and are looking to change their lives. The Salvation Army recently merged Bridgeport and New Haven centers into the Hartford rehabilitation center to provide more comprehensive and updated services. Its **Centralized Intake Offices** can be reached as follows:

Bridgeport: Phone: (203) 367-8621 (phone will roll over to Centralized Intake; follow voice prompts)

New Haven: Phone: (203) 865-0511 **Address:** 450 George St (walk-ins o.k.)

Hartford: Phone: (860) 527-8106 **Address:** 333 Homestead Ave.

Suicide Prevention and Intervention

Suicide prevention and intervention hotline operates 24 hours per day, 365 days per year, and links individuals in crisis with appropriate community resources. In addition, staff members train youth groups, schools, and community service providers in suicide prevention skills. 2-1-1 holds certification from the American Association of Suicidology.
Toll-free: 2-1-1 or (800) 203-1234*

Warm Lines

Warm Lines are staffed by people with psychiatric disabilities who offer phone support to their peers. These lines are not crisis lines and the hours of operation tend to be in the evening.

Ansonia

BH Care **Phone:** (203) 732-2004*

Bridgeport

Soundview Warm Line **Toll-free:** (800) 921-0359

DanburyNew Heights **Phone:** (203) 917-4712***East Hartford**

Inter Community MHC

Weekend **Phone:** (860) 205-3706Weekday **Phone:** (860) 297-0844**Hartford**Capitol Region MHC **Phone:** (860) 297-0920**Manchester**Reach Warm Line **Toll-free:** (866) 927-6225**Middletown**River Valley Services **Phone:** (800) 316-9145**New Britain**Friends Helping Friends **Phone:** (860) 681-5555**New Haven**Connecticut MHC **Toll-free:** (800) 258-1528**Norwich**Shareline **Phone:** (860) 855-7274**Torrington**North West MH Authority **Phone:** (860) 482-1783Greater Waterbury MH Authority **Toll-free:** (800) 314-2680

Wellmore Behavioral Health serves 49 towns from Greater Waterbury to the lower Naugatuck Valley and northwest Connecticut. It offers timely access to an integrated continuum of child and adult behavioral health care services, including outpatient psychiatric/behavioral health treatment services for adults, children and families; adult and adolescent intensive outpatient services for substance abuse, co-occurring and mental health disorders; Emergency Mobile Psychiatric Services for Children, case management and supportive housing; evidenced based, intensive, home-based treatment models for children, adolescents and families; school-based behavioral health care and early intervention; trauma informed and victim of crime services; child abuse prevention and early intervention services; early childhood treatment programs and consultation; congregate care programs (therapeutic group homes for children, an adult male recovery house, therapeutic shelter, women and children's program); service collaboration; and outreach, community education, support, and training. **Toll-free:** (WELLMORE)/1-855-935-5667 **Website:** www.wellmore.org

Wellspring is a multi-service mental health agency that provides intensive residential treatment for children ages 8-13, adolescent girls ages 12-18, young adults and adults; extensive outpatient services; and a state-approved special education school. The highly structured but intimate programs are designed to treat persons with a wide range of emotional issues, including mood anxiety, personality,

attachment, eating, and post-traumatic stress disorders. Wellspring's professional staff includes board certified psychiatrists, physicians, psychotherapists, licensed clinical social workers, and registered nurses. **Address:** 21 Arch Bridge Road, Bethlehem, **Phone:** (203) 266-8000 **Website:** www.wellspring.org

HIV/AIDS Programs

Connecticut AIDS Drug Assistance Program (CADAP) is administered by the Department of Social Services (DSS) under a Memorandum of Agreement with the Department of Public Health. CADAP is a pharmaceutical assistance program that pays for HIV/AIDS medications approved by the U.S. Food and Drug Administration (FDA) and other drugs that may prevent the serious deterioration of health in persons who have Human Immune-deficiency Virus (HIV) or Acquired Immune Deficiency Syndrome (AIDS). To be eligible, total individual or family net monthly income must be at or below 400% of the current Federal Poverty Level. There is no asset limit. You may be eligible for CADAP, even if you now have a private medical insurance plan with prescription drug benefits. **Toll-Free:** (800) 233-2503

AIDS Projects and AIDS Service Organizations

AIDS Projects are direct-service, community-based organizations. Although AIDS projects vary, services may include outreach and education; hotlines in English and Spanish; financial support; transportation; group support; case management; meals-on-wheels; housing; and referrals to clergy, physicians, and lawyers. For specific services offered, call the nearest AIDS Project listed below:

HIV/AIDS Hotline **Toll-free:** (800) 953-2371* **Phone:** (860) 247-2437 **V/TDD** (860) 951-4791

Bridgeport

Greater Bridgeport Area Prevention Program (GBAPP)

Phone: (203) 366-8255* **Website:**www.gbapp.wordpress.com**Danbury**AIDS Project of Greater Danbury **Phone:** (203) 778-AIDS (2437) **Website:** www.aids-ct.orgInterfaith AIDS Ministry **Phone:** (203) 748-4077**Hartford**AIDS Connecticut **Phone:** (860) 951-4833 **Website:**

www.aids-ct.org

Latino/as Community Services **Phone:** (860) 296-6400

Website: www.lcs-ct.org

Hartford Gay and Lesbian Health Collective **Phone:** (860) 278-4163 **Website:** www.hglhc.org

Manchester

Hartford Gay and Lesbian Health Collective East **Phone:** (860) 646-6260* **Website:** www.hglhc.org

Middletown

Community Health Center **Phone:** (860) 347-6971

Website: www.chc1.com

New Britain

Wellness Resource Center **Phone:** (860) 826-4741*

Website:

www.hranbct.org/Health_and_Wellness/Wellness-Resource-Center

New Haven

AIDS Project New Haven **Phone:** (203) 624-0947 **Website:**

www.aids-ct.org

Hispanos Unidos Contra el SIDA **Phone:** (203) 781-0226

Website: www.hispanos-unidos.org

CT AIDS Education and Training Center

Phone: (203) 737-2312

New London

Alliance for Living **Phone:** (860) 447-0884 **Website:**

www.allianceforliving.org

Norwalk

Mid-Fairfield AIDS Project **Phone:** (203) 855-9535

Website: www.mfap.com

Stamford

Family Centers/Stamford CARES **Phone:** (203) 977-5096*

Website: www.familycenters.org

Waterbury

Waterbury Health Department **Phone:** (203) 574-6780

Website: www.waterburyct.org/health

Windham

Windham AIDS Program **Phone:** (860) 423-4534*

AIDS Testing Sites

The following local health departments and health care facilities offer free or low-cost testing for HIV infection. Testing at the sites is done on a strict confidential basis.

Bridgeport

Bridgeport Community Health Center **Phone:** (203) 333-6864

Bridgeport Health Department **Phone:** (203) 576-7679

Greater Bridgeport Adolescent Pregnancy Program (GBAPP) **Phone:** (203) 384-3629

Kinsella Treatment Center **Phone:** (203) 335-2173

Park City Primary Care **Phone:** (203) 579-5350

Planned Parenthood of Bridgeport **Phone:** (203) 366-0664

Shelter for Homeless **Phone:** (203) 348-2792

Southwest Community Health Center **Phone:** (203) 576-8368

Danbury

Danbury Health Department **Phone:** (203) 797-4625

AIDS Project Greater Danbury **Phone:** (203) 778-2437

Danielson

Planned Parenthood of Danielson **Phone:** (860) 774-0533

East Hartford

Town of East Hartford **Phone:** (860) 291-7295

Enfield

Planned Parenthood of Enfield **Phone:** (860) 741-2197

Fairfield

Fairfield Health Department **Phone:** (203) 256-3150

Greenwich

Greenwich Health Department **Phone:** (203) 622-6488

Hartford

AIDS Connecticut **Phone:** (860) 247-2437/(860) 547-1771

Asylum Hill Outpatient Clinic **Phone:** (860) 714-4212

Community Health Services **Phone:** (860) 249-9625

Connecticut Children's Medical Center **Toll-free:** (888) 322-0008

Hartford Dispensary—Main Street **Phone:** (860) 527-5100

Hartford Dispensary—Weston Street **Phone:** (860) 527-5100

Hartford Gay & Lesbian Health Collective **Phone:** (860) 278-4163

Hartford Health Department **Phone:** (860) 757-4700

Hispanic Health Council **Phone:** (860) 527-0856

Latinos/as Community Services **Phone:** (860) 296-6400

Planned Parenthood of Hartford **Phone:** (860) 953-6201

Saint Francis Hospital **Phone:** (860) 714-4532

Manchester

Gay and Lesbian Health Collective East **Phone:** (860) 646-6260

Planned Parenthood of Manchester **Phone:** (860) 643-1607

Meriden

Meriden Health Department **Phone:** (203) 630-4176

Planned Parenthood of Meriden **Phone:** (203) 238-0542

Middletown

Community Health Center **Phone:** (860) 347-6971

Oasis Wellness Center **Phone:** (860) 347-6971

New Britain

Human Resources Agency **Phone:** (860) 826-4482

New Britain Health Department **Phone:** (860) 612-2771

New Haven

AIDS Interfaith Teen Line **Phone:** (203) 777-HELP

AIDS Project New Haven **Phone:** (203) 624-0947

APT Foundation **Phone:** (203) 781-4600

Fair Haven Community Health Center **Phone:** (203) 786-6556

Family Intervention Center **Phone:** (203) 753-2153

Hill Health Center Columbus Avenue **Phone:** (203) 503-3000

Dixwell Avenue **Phone:** (203) 503-3000

New Haven Health Department **Phone:** (203) 946-6481

Planned Parenthood of New Haven **Phone:** (203) 503-0450

Yale/New Haven Hospital **Phone:** (203) 688-3184

New London

Lawrence & Memorial Hospital **Phone:** (860) 447-2437

Planned Parenthood of New London **Phone:** (860) 443-5820

Norwalk

Connecticut Counseling Center **Phone:** (203) 838-6508

Norwalk Health Department **Phone:** (203) 854-7979

Norwich

Hartford Dispensary – Norwich **Phone:** (860) 886-0446

Planned Parenthood of Norwich **Phone:** (860) 889-5211

William Backus Hospital **Phone:** (860) 823-6344

Old Saybrook

Planned Parenthood of Old Saybrook **Phone:** (860) 388-4459

Shelton

Planned Parenthood of Shelton **Phone:** (203) 924-7756

Stamford

Stamford CARES **Phone:** (203) 977-5096

Stamford Health Department **Phone:** (203) 977-4387

Torrington

Planned Parenthood of Torrington **Phone:** (860) 489-5500

Vernon

Vernon Area Community Health Center **Phone:** (860) 896-1616

Waterbury

Planned Parenthood of Waterbury **Phone:** (203) 753-2119

Waterbury Health Department **Phone:** (203) 574-6883

West Hartford

Planned Parenthood of West Hartford **Phone:** (860) 953-6201

Willimantic

Hartford Dispensary – Willimantic **Phone:** (860) 886-0446

Perceptions Program **Phone:** (860) 450-7122

Planned Parenthood of Willimantic **Phone:** (860) 423-8426

Windham

Regional Community Council **Phone:** (860) 423-4534

An asterisk () near any entry signifies that a*

Spanish-speaking staff member is available.

HIV/AIDS Housing Services

The following agencies offer housing services to individuals and their families living with HIV/AIDS. The scope of services provided can differ for each agency. For more information on the services available in your area, please contact one of the agencies listed below.

New Britain

Human Resources Agency of New Britain **Phone:** (860) 225-8601

Hartford

Immaculate Conception Shelter and Housing **Phone:** (860) 724-4823

Mercy Housing and Shelter Corp **Phone:** (860) 808-2040

Tabor House **Phone:** (860) 244-3876

Christian Activities Council **Phone:** (860) 527-9860

Chrysalis Center **Phone:** (860) 263-4400

Community Renewal Team **Phone:** (860) 722-6922

Hands on Hartford/ Peter's Retreat **Phone:** (860) 793-2221

New London

Alliance for Living **Phone:** (860) 447-0884

New Haven

Columbus House **Phone:** (203) 401-4400 x106
Liberty Community Services **Phone:** (203) 495-7600
New Haven Home Recovery **Phone:** (203) 492-4866
Leeway **Phone:** (203) 865-0068

Naugatuck

Independence Northwest **Phone:** (203) 729-3299

Waterbury

New Opportunities **Phone:** (203) 575-9799

Willimantic

Perception Program **Phone:** (860) 450-7122
Windham Regional Community Council **Phone:** (860)
423-4534

Specialized Health Services

Connecticut Department of Public Health (DPH)

DPH offers patient supports and information on a variety of issues. Local Directors of Health may also be able to provide information on these and other topics of concern.

Infectious Diseases **Phone:** (860) 509-7995*

Diabetes Prevention and Control Program **Phone:** (860)
509-7737*

Drinking Water Section **Phone:** (860) 509-7333*

Recreation (sewage/private wells/swimming pools) **Phone:**
(860) 509-7296*

Environmental Health **Phone:** (860) 509-7740*

Radon Program **Phone:** (860) 509-7367*

Immunization **Phone:** (860) 509-7929*

Injury Prevention **Phone:** (860) 509-7805*

Tobacco **Phone:** (860) 509-8251*

Alzheimer's Association enhances the quality of life of all Connecticut residents affected by Alzheimer's disease and related disorders through advocacy, education, and support systems. A Helpline operates 24 hours a day, seven days a week, offering emotional support to callers and providing information about Alzheimer's disease, chapter services, and community resources. **Toll-free:** (800) 272-3900 **Website:** www.alz.org/ct

You can also reach United Way 2-1-1 by dialing (800) 203-1234

American Cancer Society, New England Division is a statewide resource for cancer information, community referrals, guidance and services for patients, family members, and the general public. Access to cancer information is available 24 hours a day, 7 days a week. Local services include transportation to treatment, educational programs, camps for children with cancer; support groups for patients and their families, peer to patient visitation, and programs that address changes in appearance, such as hair loss from treatment effects. **Toll-free:** (800) 227-2345* **Website:** www.cancer.org

Brain Injury Alliance of Connecticut (BIAC)

serves as a statewide clearinghouse of brain injury resources and information. Brain injury specialists provide resource facilitation and collaborate with organizations and professionals serving individuals with brain injuries. Other programs include annual professional conference on brain injury, statewide support groups, prevention education and outreach, social events and legislative advocacy. **Address:** 200 Day Hill Road, Suite 250, Windsor **Phone:** (860) 219-0291 **Toll-free:** (800) 278-8242. **Website:** www.biaact.org

Connecticut Association for Healthcare at Home (CAHCH)

provides leadership, education and advocacy information by fostering collaboration around issues addressing access, quality and the affordability of home care and hospice services in Connecticut. Over 100 educational programs are available to members and non-members for clinical, professional and executive leadership that facilitate best practices and collaborative learning across the continuum of care. To find a home care or hospice provider in your area, visit its **website:** www.cthealthcareathome.org

CT Breast and Cervical Cancer Early Detection Program (CBCCEDP)

provides free screening and diagnostic services for uninsured and underinsured women ages 19-64. Administered by the Department of Public Health, CBCCEDP reduces breast and cervical cancer morbidity and mortality by diagnosing these cancers at earlier stages. Women are screened for eligibility; scheduled for an appointment, receive diagnostic testing, and receive treatment referral services as needed at any one of the following sites. **Phone:** (860) 509-7804

Bridgeport

Bridgeport Hospital **Phone:** (203) 255-5300

Danbury

Danbury Hospital **Phone:** (203) 739-6533

Hartford

Hartford Hospital **Phone:** (860) 545-3078

Saint Francis Hospital **Phone:** (860) 714-2759

Middletown

Community Health Center **Phone:** (860) 347-6971 ext. 3657

New Haven

Yale-New Haven Hospital, Saint Raphael Campus **Phone:** (203) 867-5436

Yale-New Haven Hospital **Phone:** (203) 688-4562

New London

Lawrence & Memorial Hospital **Phone:** (860) 442-0711 ext. 2197

Stamford

Stamford Hospital **Phone:** (203) 276 -5954

Torrington

Charlotte Hungerford Hospital (860) 496-6513

Vernon

Eastern Connecticut Health Network **Phone:** (860) 872-5368

Waterbury

St. Mary's Hospital **Phone:** (203) 709-3800

Willimantic

Windham Community Hospital **Phone:** (860) 456-6896

Lead Poisoning Prevention and Treatment

The mission of the Lead and Healthy Homes Program at the Connecticut Department of Public Health (DPH) is to prevent lead poisoning and promote wellness through education and a wide range of program activities that relate to lead poisoning prevention. The Lead and Healthy Homes Program conducts disease surveillance and monitors blood lead tests for all children under the age of 16 in Connecticut. The program funds two regional lead treatment centers, and works closely with the medical community to ensure all children are tested for lead poisoning. All individuals' blood lead test results are reported to DPH. The program also provides funding to health departments statewide for childhood lead poisoning prevention activities. Additionally, DPH licenses and certifies individuals who conduct lead abatement and consultant activities. Staff monitors lead abatement sites, and licensed lead professionals. The Lead and Healthy Homes Program regularly collaborates with partners to promote childhood lead poisoning prevention, healthy homes, and lead-safe work practices for renovations in pre-1978 homes and child daycare facilities. **Phone:** (860) 509-7299

Poison Control

The Connecticut Poison Control Center is a toll-free statewide emergency helpline that is staffed 24 hours a day by health care professionals. Call for help if someone eats,

breathes, or touches poison, or gets it in the eyes. Interpreters are available in all languages. **Toll-Free:** (800) 222-1222* **Website:** www.poisontreatment.uchc.edu **Deaf and hard of hearing** dial 711 for relay services to connect to the poison center.

Sexually Transmitted Disease (STD) Clinics

All residents of Connecticut are eligible for STD services at any of the clinics listed below. Some clinics offer free services. Each site provides confidential testing and treatment for most STDs including Syphilis, Gonorrhea, Chlamydia, Herpes, HIV, and vaginal infections. Patients may receive the vaccine series for Hepatitis A&B and the HPV vaccine is provided for those 26 years of age and under. Confidential assistance is also available to those infected with STDs in telling their partners. Patients age 13 years and older may be seen at these clinics without parental consent. For more information, call **STD Control Program, CT Department of Public Health** at (860) 509-7920 or the **National CDC Info Line** (800) CDC-INFO (800) 232-4636. **Website:** www.ct.gov/dph/std.

Bridgeport Health Department **Phone:** (203) 576-7468*

Danbury Community Health Center **Phone:** (203) 791-5050

Fairfield Health Department **Phone:** (203) 256-3020 or (203) 256-3150*

Greenwich Health Department **Phone:** (203) 622-6496*

Hartford

Burgdorf Health Center **Phone:** (860) 757-4830*

Hartford Gay and Lesbian Health Collaborative **Phone:** (860) 278-4163*

Manchester Planned Parenthood **Phone:** (860) 643-1607*

Meriden

Health Department **Phone:** (203) 630-4176

Planned Parenthood **Phone:** (203) 238-0542*

New Britain Health Department **Phone:** (860) 826-3464*

New Haven Health Department **Phone:** (203) 946-8181*

New London Planned Parenthood **Phone:** (860) 447-5820*

Norwalk Health Department **Phone:** (203) 854-7776*

Norwich William Backus Hospital STD Clinic

Phone: (860) 823-6344*

Stamford Health Department **Phone:** (203) 977-5933 or (203) 977-4399*

Waterbury Health Department **Phone:** (203) 574-6880*

West Haven Health Department **Phone:** (203) 937-3660

Westport/Weston Health Department **Phone:** (203) 227-9571 x231

Willimantic Planned Parenthood **Phone:** (860) 423-8426

Tuberculosis (TB) Control Program helps to prevent transmission, illness, disability, death, emotional trauma, family disruption, and social stigma caused by this disease. TB is a potentially fatal disease transmitted through the air and is both treatable and preventable. All state residents are eligible for TB services. Persons cannot be denied care for their TB because of their inability to pay. DPH will reimburse healthcare providers for the treatment of care of TB patients who are uninsured or underinsured. The TB Control Program provides free anti-tuberculosis drugs to physicians who request them for their patients regardless of the patients' ability to pay. Local health departments and home care agencies offer outreach services for TB patients including observing ingestion of TB medications. There are a number of established TB clinics at hospitals and at some larger municipal health departments. **Phone:** (860) 509-7722 **Website:** www.ct.gov/DPH

Families and Children

Child Care

Connecticut Office of Early Childhood (OEC)

OEC funds Child Daycare and School Readiness Programs and provides a state supplement to federally funded Head Start Programs. These early care and education programs vary in the length of day and how many months of the year they operate. Locations include community-based, faith-based, and public school facilities. Most programs charge a fee based on family size, income, and the number of hours in the program. Programs must be accredited by the National Association for the Education of Young Children, or approved by the federal Head Start Program. OEC also advocates for children with disabilities. Through a partnership with the State Education Resource Center (SERC), OEC provides technical assistance, training, and professional development for those serving young children with disabilities. **Website:** www.ct.gov/oec.

2-1-1 Child Care

2-1-1 Child Care is a statewide child care resource and referral service staffed by early childhood specialists who access an up-to-date computerized database of licensed family day care homes, day care centers, and summer camps. Specialists inform individuals about child care options and openings near their home or workplace and can refer them to additional regional resource agencies. **Phone:** 2-1-1 **Website:** www.211childcare.org

Support Services

Bureau of Child Support Enforcement

The goal of the Child Support Enforcement Program is to improve the self-sufficiency of families through increased financial and medical support and to establish paternity for children born out of wedlock. This program locates absent parents, establishes paternity, establishes and modifies orders of support, and collects and distributes child support payments. Child support services are available to both custodial and non-custodial parents, regardless of their income. DSS administers the program in cooperation with the Office of the Attorney General, and the Support Enforcement Services Unit of the Judicial Branch. You may apply for child support services at the Department of Social Services office nearest you. Under federal regulations, BCSE is required to provide child support services to any individual or agency upon request. To request BCSE child support services, an individual may contact a local DSS office. **Toll-free:** (800) 228-KIDS (5437) **Website:** www.ct.gov/dss/childsupport.

Child Abuse and Neglect CARELINE

The Department of Children and Families (DCF) is legally responsible for protecting children and youth from abuse, neglect, abandonment and exploitation. Services include family assessment, treatment planning, counseling, intensive family preservation, temporary emergency shelter, homemakers, parent aides, parenting classes, child care aid to unwed mothers, foster care, and adoption. Case Workers are on call 24 hours a day to intervene in a crisis and help families. Regional offices are listed below. For general information, referral to local services, or to report child abuse or neglect: **Toll-free:** (800) 842-2288* TDD: (800) 624-5518.

Bridgeport 100 Fairfield Avenue **Phone:** (203) 384-5300*

Danbury 131 West Street **Phone:** (203) 207-5100

Hartford 250 Hamilton Street **Phone:** (860) 418-8000*

Manchester 364 West Middle Turnpike **Phone:** (860) 533-3600*

Meriden One West Main Street **Phone:** (203) 238-8400*

Middletown 2081 South Main Street **Phone:** (860) 638-2100*

Milford 38 Wellington Road **Phone:** (203) 306-5300*

New Britain 1 Grove Street **Phone:** (860) 832-5200*

New Haven One Long Wharf **Phone:** (203) 786-0500*

Norwalk 149 Water Street **Phone:** (203) 899-1400*

Norwich 2 Courthouse Square **Phone:** (860) 886-2641*

Stamford 401 Shippan Avenue **Phone:** (203) 899-1400*

Torrington 62 Commercial Boulevard **Phone:** (860) 496-5700

Waterbury 395 West Main Street **Phone:** (203) 759-7000*

Willimantic 322 Main Street **Phone:** (860) 450-2000*

John S. Martinez Fatherhood Initiative of Connecticut

Connecticut's Fatherhood Initiative is a broad-based, statewide program led by the Department of Social Services (DSS) and focused on changing systems to improve fathers' ability to be fully and positively involved in the lives of their children. DSS works with numerous state and community-based partners throughout Connecticut to support the Initiative's objectives. Services available at the fatherhood programs listed below may include the following areas: parenting/co-parenting; workforce development; job readiness, placement and retention services; healthy relationships; paternity establishment; court readiness; support groups; and individual counseling. For more information, contact a state-certified program listed below. **Website:** www.ct.gov/fatherhood **Phone:** 860.424.5696 **Toll-free:** (866) 6-CTDADS

Bridgeport

Career Resources **Phone:** (203) 953-3247 x 369
GBAPP **Phone:** (203) 366-8255*

Hartford

Families In Crisis **Phone:** (860) 727-5810
Community Renewal Team **Phone:** (860) 761-7919
Village for Families and Children **Phone:** (860) 297-0521

New Haven

New Haven Family Alliance **Phone:** (203) 786-5970 x 305

Norwich

Madonna Place **Phone:** (860) 886-6600 x 117

Torrington

Family Strides **Phone:** (860) 482-3236*

Waterbury

New Opportunities **Phone:** (203) 575-4210

Wethersfield

CT Department of Correction **Phone:** (860) 692-6836

Office of Children and Youth in Placement

The Department of Children and Families (DCF) recruits, trains, licenses, and supports foster and adoptive families.

Medical coverage and a monthly financial reimbursement cover the expenses of caring for a foster child. DCF also provides information to prospective adoptive parents and parents considering releasing a child for adoption. Children awaiting adoption are listed with the Office of Children and Youth in Placement, Permanency Exchange which also offers services to parents and adult adoptees, including search and reunion information. Support groups, post adoption services and subsidies are available for parents adopting children with special needs. Subsidies and supportive post guardianship services are also available to relatives obtaining guardianship of a child who was in DCF custody. **Toll-free:** (888) 543-4376 or (888) KID-HERO*

American Red Cross in Connecticut helps residents prevent, prepare for and respond to emergencies. The Red Cross serves every community in Connecticut with a variety of programs and services including **health and life safety programs, disaster response, blood services, international tracing, and services for members of the armed forces and their families.** There are volunteer opportunities at every office that can be tailored to any schedule or level of skill. **Toll-free:** (877) 287-3327* **Website:** www.redcross.org

CT Sexual Assault Crisis Services (CONNSACS)

works to end sexual violence through victim assistance, community education, and public policy advocacy. CONNSACS promotes public awareness, training, and technical assistance to groups that wish to learn more about sexual assault and rape prevention. **Phone:** (860) 282-9881 **Emergency Statewide Hotlines:** (888) 999-5545 (English) (888) 568-8332 (Spanish) **Website:** www.connsacs.org

Community Solutions Inc. (CSI) works with individuals and families involved, or at risk of involvement, in the child welfare, juvenile justice, and criminal justice systems. CSI offers community-based programs statewide that include adult reentry and residential services as well as home-based youth services. **Toll-free:** (800) 425-3896 **Website:** www.csi-online.org

Family ReEntry provides behavioral health, mentoring, case management, and psycho-educational services for individuals and their families. Family ReEntry's programs assist clients in becoming responsible partners, capable and skilled parents, and productive members of their communities. Services include domestic violence re-education, life skills training, substance abuse treatment, prisoner re-entry, mentoring, and case management. Programs are located in Bridgeport, Stamford, New Haven and Norwalk. **Address:** 9 Mott Avenue, Suite 104, Norwalk, CT 06850 **Phone:** (203) 838-0496* **Website:** www.familyreentry.org

Families In Crisis, Inc. provides counseling and support services to offenders and their family members. Services are designed to assist with life changes, promote independence, and ensure healthy, supportive family relationships. Major areas of service include counseling, family visitation, parenting, domestic violence intervention, and prevention services. **Hartford:** (860) 727-5800* **New Haven:** (203) 498-7790* **Waterbury:** (203) 573-8656 **Website:** www.familiesincrisis.org

Community Partners in Action (CPA)

CPA, formerly the Connecticut Prison Association, provides crucial services that help adults and youth live crime-free lives. Services include alternative incarceration centers, employment services, juvenile programming, art in prison and other services designed to assist self-development. Programs are listed below. For other services and more information: **Phone:** (860) 566-2030 **Website:** www.cpa-ct.org

Hartford

Administrative Offices **Phone:** (860) 566-2030

Community Court **Phone:** (860) 756-7960 or (860) 756-7035

Prison Arts Program **Phone:** (860) 722-9450 or (860) 566-2030

Hartford Transitional Housing Program **Phone:** (860) 525-6691

Hartford Alternative in the Community
119 Washington Street **Phone:** (860) 525-6691

716 Windsor Street **Phone:** (860) 244-3672

Project Starr, HFPG **Phone:** (860) 882-1397

Resettlement Program **Phone:** (860) 522-7400

Work Release **Phone:** (860) 543-8929

Grace Community Residential Program for Juvenile Girls
Phone: (860) 241-6021

Hartford Secure Community Residential Program for Girls
Phone: (860) 244-0700

Hamden

Community Residential Program for Boys (Brave) **Phone:** (203) 508-1780

Secure Community Residential Program for Boys (Sage)
Phone: (203) 848-1234

Community Residential Program for Boys (SOAR) **Phone:** (203) 508-1781

Manchester

Manchester Alternative in the Community **Phone:** (860) 649-8338

Waterbury

Waterbury Alternative in the Community **Phone:** (203) 597-6540

Connecticut Coalition Against Domestic Violence (CCADV)

is comprised of 18 member organizations throughout the state. These programs provide comprehensive services to victims of domestic violence and their families. Services are confidential, and available to all individuals regardless of age, race, religion, sexual preference, class, or physical ability. CCADV offers safety planning, advocacy, information, referrals, counseling, support groups and emergency shelter. Call the toll free domestic violence hotline to link up to a program. **Hotline:** (888) 774-2900 **Office phone:** (860) 282-7899 **Website:** www.ctcadv.org

Family Centered Services of CT

(formerly Coordinating Council for Children in Crisis) works with families to ensure they are safe and nurturing places where children can succeed. Home-based parenting education, domestic violence counseling, substance abuse treatment, parent-child psychotherapy and care coordination to children and youth with special health care needs are available. Psychoeducational groups are also offered including parenting education groups and a Saturday morning Kids Group for children who have witnessed domestic violence. Family CT covers the 20 towns of Greater New Haven. Services are free. **Address:** 235 Nicoll Street, New Haven **Phone:** (203) 624-2600 **Website:** www.familyct.org

Parent Support Centers

Parent Support Centers typically offer parenting classes, support groups, book and toy lending libraries, drop-in programs, newsletters, and special family events for parents and their children. These services, many free of charge, are available to all parents residing in towns served by the Centers. For specific program services, contact a local Center.

Manchester, Andover, Bolton, Coventry, East Hartford, East Windsor, Ellington, Glastonbury, Hebron, Marlborough, Stafford, and Vernon

Manchester Family Resource Center **Phone:** (860) 647-3330 www.echn.org

Programs that Help People in Connecticut is available on-line at cahs.org/publications

Meriden/Wallingford

Catholic Charities **Phone:** (203) 235-2507* **Website:** www.ccaoh.org

Middletown, Cromwell, Portland

Community Health Center **Phone:** (860) 347-6971*
Website: www.chc1.com

New Britain

Human Resources Agency **Phone:** (860) 225-8601*
Website: www.hranbct.org

New London

Centro de la Comunidad **Phone:** (860) 442-4463

Norwich

Madonna Place **Phone:** (860) 886-6600* **Website:** www.madonnaplace.org

Old Saybrook, Chester, Deep River, Essex, Lyme, and Old Lyme

Youth and Family Services **Phone:** (860) 395-3190

Torrington, Goshen, Morris, Warren, and Winchester

McCall Foundation **Phone:** (860) 496-6112 **Website:** www.mccall-foundation.org

Waterbury, Beacon Falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Thomaston, Watertown, Wolcott, and Woodbury

Waterbury Youth Services **Phone:** (203) 573-0264*
Website: www.waterburyyouthservices.org

Wauregen

United Services **Phone:** (860) 412-8686 **Website:** www.unitedservices.org

Windsor

Milo W. Peck Child Development Center **Phone:** (860) 285-1410

Supervised Child Visitation

The following programs offer access to a secure and safe environment in which parents are allowed to visit with their children. The visitation occurs in the presence of a professional, who acts as a monitor.

Ansonia

Catholic Charities
205 Wakelee Avenue **Phone:** (203) 735-7481
Website: www.ccaoh.org

Bridgeport

Child and Family Guidance Center
180 Fairfield Avenue **Phone:** (203) 394-6529*
Website: www.cgcgb.org

Cromwell

Adelbrook Children's Home (Autism)
60 Hicksville Rd. **Phone:** (860) 635-6010 x338*
Website: www.adelbrook.org

Danbury and Northwest Region

Visitation Solutions, LLC
246 Federal Rd. Unit CL-41, Third Floor **Phone:** (203) 740-0091* **Website:** www.visitationsolutions.com

Danielson, Willimantic - Eastern Region

Community Action Agency
231 Broad Street **Phone:** (860) 412-1600*
Website: www.accessagency.org

Hartford/New Britain

Klingberg Family Centers
370 Linwood St. **Phone:** (860) 243-4416 *
Website: www.klingberg.org

Northwest Region

Thomaston Counseling Associates
258 S Main Street **Phone:** (860) 283-8224*
Website: www.thomastoncounselingassociates.com

Norwich and Niantic

Children's Rights Council **Phone:** (860) 625-6570*
Website: www.crckids.org

Tolland

AMPS Inc. **Phone:** (860) 870-8788*

Statewide

Family Counseling and Mediation Center **Phone:** (203) 414-6477*
Email: socialwerk@aol.com

Statewide

Kidsafe CT
19 Elm Street **Phone:** (860) 872-1918*
Website: www.kidsafect.org

Youth in Crisis

The Department of Children and Families, Child Guidance Clinics, Family Service Agencies, community-based youth shelters, and crisis intervention programs all provide counseling assistance to youth, and their families. Local

Youth Service Bureaus offer peer counseling, employment-related services and in some instances, shelter services. For youth services, including crisis services, dial 2-1-1. A nationwide hotline provides message relay services for runaways and their parents. The runaway must contact the service and his/her location is held confidential. **National Runaway Switchboard Toll-free:** (800) 621-4000*

Youth Services Bureaus (YSBs) are located throughout the state. These agencies are responsible for planning, coordinating and maintaining a network of community services for children, youth and their families. They provide or contract for direct services in the areas of juvenile justice, mental health services, youth development, community outreach, parent education, and child welfare services. Contact your local town hall or the Connecticut Youth Services Association to find the YSB that services you. **Website:** www.ctyouthservices.org

Groton Youth and Family Services **Phone:** (860) 441-6760

Family & Children's Aid (FCA) offers innovative and responsive programs and services to heal and support children and families in crisis. ing them about respect, compassion and trust. FCA currently operates neighborhood-style group home programs serving Connecticut's most disadvantaged children. In addition, FCA offers outpatient programs, in-home services and a summer camp. **Website:** www.fcaweb.org

Main Campus: **Danbury**, 75 West Street **Phone:** (203) 748-5689

Waterbury: 30 Holmes Avenue **Phone:** (203) 755-2868

Torrington: 387 Litchfield Street **Phone:** (860) 482-6085

New Milford: 325 Danbury Road **Phone:** (860) 354-8556

Shelton: 25 Brook Street **Phone:** (203) 992-1651

Bridgeport: 430 State Street **Phone:** (203) 275-5041

New Britain: 52 Main Street **Phone:** (203) 721-4992

Waterbury: 74 Buckingham Street **Phone:** (203) 885-8780

Foster Parent Recruiting Line: Toll-free: 1-888-YOU-BELONG

economic self-sufficiency and dignity. Agency programs include job training, education, child day care, energy assistance and weatherization, housing, criminal justice and pretrial intervention, community centers, mental health, food pantries, homeless services, senior volunteer programs, senior centers, and nutrition programs such as Meals-on-Wheels.

Action for Bridgeport Community Development, Inc. (ABCD) 1070 Park Avenue, Bridgeport, CT 06604 **Phone:** (203) 366-8241*
Energy Assistance **Phone:** (203) 384-6904*
Website: www.abcd.org

The Access Community Action Agency (Access)
1315 Main Street, Willimantic, CT 06226 **Phone:** (860) 450-7400*
Energy Assistance **Phone:** (860) 450-7400*
Website: www.accessagency.org

Bristol Community Organization, Inc. (BCO)
55 South Street, Bristol, CT 06010
Phone: (860) 584-2725*
Energy Assistance. **Phone:** (860) 582-7490*
Website: www.bcoc.org

Community Action Agency of New Haven, Inc. (CAANH)
419 Whalley Avenue, New Haven, CT 06515 **Phone:** (203) 387-7700*
Energy Assistance **Phone:** (203) 387-7700*
Website: www.caanh.net

The Community Action Agency of Western Connecticut, Inc. (CAAWC) 66 North Street, Danbury, CT 06810 **Phone:** (203) 744-4700 *
Energy Assistance **Phone:** (203) 748-5422*
Website: www.cacd-cao.org

Multi-service Agencies

Community Action Agencies

Community Action Agencies address the needs of low-income individuals and families by assisting them in obtaining the support, skills and knowledge necessary for

An asterisk () near any entry signifies that a Spanish-speaking staff member is available*

Community Renewal Team, Inc. (CRT) (Hartford Office)

555 Windsor Street, Hartford, CT 06120 **Phone:** (860) 560-5600*

Energy Assistance **Phone:** (860) 560-5800*

Website: www.crtct.org

Community Renewal Team, Inc. (CRT) (Middletown Office)

44 Hamlin Street, Middletown, CT 06457

Phone: (860) 347-4465*

Energy Assistance **Phone:** (860) 347-4465*

Website: www.crtct.org

Human Resources Agency of New Britain, Inc. (HRA)

180 Clinton Street, New Britain, CT 06053

Phone: (860) 225-8601*

Energy Assistance **Phone:** (860) 223-2288*

Website: www.hranbct.org

New Opportunities, Inc. (NOI) (Meriden Office)

74 Cambridge St, Meriden, CT 06450

Phone: (203) 235-0278*

Energy Assistance **Phone:** (203) 235-0278*

Website: www.newoppinc.org

New Opportunities, Inc. (NOI) (Waterbury Office)

232 North Elm Street, Waterbury, CT 06702

Phone: (203) 575-9799*

Energy Assistance **Phone:** (203) 575-9799*

Website: www.newoppinc.org

TVCCA (Jewett City Office)

One Sylvandale Road, Jewett City, CT 06351

Phone: (860) 889-1365*

Energy Assistance (Norwich)

Phone: (860) 889-1365*

Website: www.tvcca.org

TVCCA (New London Office)

83 Huntington Street, New London, CT 06320 **Phone:** (860) 444-0006*

Energy Assistance **Phone:** (860) 444-0006*

Website: www.tvcca.org

TEAM, Inc.

30 Elizabeth Street, Derby, CT 06418

Phone: (203) 736-5420*

Energy Assistance **Phone:** (203) 736-5420*

Website: www.teaminc.org

Connecticut Association for Human Services (CAHS)

seeks to significantly and measurably reduce poverty in Connecticut and to help all children and families build a secure future. CAHS' Family Economic Success

(FES) programs directly and indirectly serve over 24,000 low and moderate income people across all eight of Connecticut's counties through over 100 strategic partnerships with community-based agencies. Its network gives it access to the lowest-income and most vulnerable populations that are both underserved and typically hard to reach including Spanish speakers, disabled, elderly, at-risk youth and young adults, single parents, and the asset poor. Its programs provide benefits application assistance, free tax preparation, asset building products and services, free financial education, 1:1 financial goal-setting and coaching, and referrals to other social service agencies within its network for support with basic needs, employment, healthcare, and self-sufficiency. **Phone:** (860) 951-2212 ext. 229 **Website:** www.cahs.org

The Connection, Inc. offers an array of services in the areas of behavioral health, child and family welfare, community justice, housing; sexual abuse and trauma, and women's services throughout the state of Connecticut. **Phone:** (860) 343-5500 x2125* **Toll-free:** (888) 824-1972 **Website:** www.theconnectioninc.org

The Hispanic Health Council (HHC)

HHC provides bi-lingual and bi-cultural (Spanish-English) case management and support services to Latinos and others diverse communities in Hartford, Meriden and New Haven. Services include: breastfeeding peer counseling, parenting support and child abuse prevention, pre-natal case management and support; nutrition education, cancer support group, substance abuse and mental health services, smoking cessation, after school programming and youth summer camp. Services vary by location. **Main office address:** 175 Main Street, Hartford **Phone:** (860) 527-0856 **Website:** www.hispanichealth.com

The Salvation Army

The Salvation Army's programs and services include: Family Shelters, The Right Place School Readiness Programs, Grandparent Support Groups, Adult Drug & Alcohol Rehabilitation Centers, Camp CONNRI – Youth Camp, CONNRI Lodge Retreat & Conference Center – Senior Summer Retreat, Homeless Prevention Programs, After School Programs, and Men's Shelter. Thrift stores, soup kitchens, feeding and nutrition programs, friendly visitors, food, and clothing banks and other services are available throughout Connecticut. To learn about specific services in a particular part of the state, contact a local Army center listed below, or the **Divisional Office:** 855 Asylum Avenue, Hartford **Phone:** (860) 702-0000 **Website:** www.salvationarmyct.org

Ansonia
26 Lester Street **Phone:** (203) 736-0707

Bridgeport
30 Elm Street **Phone:** (203) 334-0995

Bristol
19 Stearns Street **Phone:** (860) 583-4651

Danbury
15 Foster Street **Phone:** (203) 792-7505

Fair Haven
450 George Street **Phone:** (203) 624-9891

Hartford
225 Washington Street **Phone:** (860) 543-8413

855 Asylum Avenue **Phone:** (860) 543-8412

100 Nelson Street **Phone:** (860) 543-8419

Manchester
661 Main Street **Phone:** (860) 649-7787

Meriden
23 St. Casimir Drive **Phone:** (203) 235-6532

Middletown
515 Main Street **Phone:** (860) 347-7493

New Britain
78 Franklin Square **Phone:** (860) 225-8491

New Haven
450 George Street **Phone:** (203) 624-9891

New London
11 Governor Winthrop Boulevard **Phone:** (860) 443-6409

Norwalk
14 Byington Place **Phone:** (203) 866-2125

Norwich
262 Main Street **Phone:** (860) 889-2329

Stamford
198 Selleck Street **Phone:** (203) 359-2320

Torrington
234 Oak Avenue **Phone:** (860) 482-3569

Waterbury
74 Central Avenue **Phone:** (203) 754-7056

Willimantic
316 Pleasant Street **Phone:** (860) 423-0977

Wheeler Clinic founded in 1968, is an independent, not-for-profit, community-based organization that provides a comprehensive continuum of mental health and substance abuse recovery services, primary care, child welfare, special education, early childhood, community justice, foster care, employee assistance and prevention and wellness programs.

Toll-free: (888) 793-3500 **Phone:** (860) 793-3500*
Website: www.wheelerclinic.org

CT Council of Family Service Agencies (CCFSA)

is a statewide network of nonprofit family service agencies that deliver services from over 90 offices located throughout the state of Connecticut. Professional services are provided to low income, the middle class and the affluent in a variety of settings and across all social service disciplines. Member agencies are community-based, licensed by the State of Connecticut, and nationally accredited. All sites are equipped to provide the following: Empowering People for Success, for families transitioning from welfare to self-sufficiency; Parenting Education, a structured curriculum to help divorcing couples continue to be effective parents; and Focus on K.I.D.S., a solution-focused program that helps high-conflict divorcing or divorced parents improve their communication and nurture their children more effectively. For locations and information on these and other programs call or visit the CCFSA on the web. **Phone:** (860) 571-0093 **Website:** www.ctfsa.org

Columbia
Untied Services **Phone:** (860) 228.4480
Website: www.unitedservicesct.org

Darien
Family Centers Darien/Center for HOPE **Phone:** (203) 655-4693 **Website:** www.familycenters.org

Dayville
United Services **Phone:** 860-774-2020 **Website:** www.unitedservicesct.org

Hartford
Catholic Charities **Phone:** (860) 493-1841 **Website:** www.ccaoh.org
Jewish Family Services **Phone:** (860) 236-1927
Website: www.ifshartford.org
Village for Children & Families **Phone:** (860) 236-4511
Website: www.villageforchildren.org

Oak Hill
120 Holcomb Street **Phone:** (860) 242-2274
Website: www.ciboakhill.org
NEAT Center at Oak Hill (Hartford)
33 Coventry Street **Phone:** (860) 243-2869
Website: www.ciboakhill.org

Greenwich
Family Centers **Phone:** (203) 869-4848 **Website:** www.familycenters.org

NorwalkFamily & Children Agency's **Phone:** (203) 855-8765**Website:** www.familyandchildrensagency.org**Norwich**Catholic Charities **Phone:** (860) 889-8346**Website:** www.ccfns.org**New London**Catholic Charities **Phone:** (860) 443-5328**Website:** www.ccfns.org**Newtown**Newtown Youth and Family Services **Phone:** (203) 270-4335 **Website:** www.newtownyouthandfamilyservices.org**Portland**Catholic Charities **Phone:** (860) 342-0760**Stamford**Family Centers Stamford **Phone:** (203) 324-3167**Website:** www.familycenters.orgJewish Family Services **Phone:** (203)921-4161**Website:** www.ctifs.org**Westport**Jewish Family Services **Phone:** (203) 454-4992**Website:** www.ctifs.org**Stratford**NEAT Center at Oak Hill (Stratford) **Phone:** (203) 378-6977**Website:** www.ciboakhill.org**Willimantic**NEAT Center at Oak Hill (Willimantic) **Phone:** (860) 423-4534 **Website:** www.ciboakhill.orgUnited Services **Phone:** (860) 456.2261**Website:** www.unitedservicesct.org**Wauregan**United Services **Phone:** (860) 564-6100**Website:** www.unitedservicesct.orgCatholic Charities **Phone:** (860) 423-7065**Website:** www.ccfns.org

\$37 million from the federal Older Americans Act and other federal and state funds to provide a wide range of services to older adults in Connecticut. These services include congregate and home-delivered meals, in-home services, senior community service employment, health insurance counseling, and respite for caregivers. Under the Older Americans Act, services are provided to adults age 60 and older. The goal of the programs under the Older Americans Act is to enable older adults to remain in their home and the community of their choosing for as long as possible through the provision of home and community-based services including supports for family caregivers. The Department works closely with the aging network partners to provide these services. **Phone:** (860) 424-5274 **Toll-free:** (866) 218-6631 (in-state) **Website:** www.ct.gov/aging

Protective Services for the Elderly (PSE)

This program is designed to safeguard people 60 years and older from physical, mental and emotional abuse, neglect and abandonment and/or financial abuse and exploitation. DSS social workers devise a plan of care aimed at assuring an elder's safety while preserving the person's right of self-determination. The social work service plan may include crisis intervention, arranging for and coordinating any of the following services: adult day-care, companionship, counseling, homemaker, home health care, home-delivered meals, long-term care or, if necessary, emergency convalescent placement. To report cases of suspected abuse, neglect or exploitation, call the **Toll-free** In State referral line at 1-888-385-4225. In-state after hours elder abuse emergencies **Toll-free:** 2-1-1 and out-of-state call Infoline at 1-800-203-1234 at any time.

AARP

AARP is a nonprofit organization that strengthens communities and fights for the issues that matter most to families such as healthcare, employment and income security, retirement planning, affordable utilities and protection from financial abuse. It helps members obtain discounts on a wide range of products, travel, and services. The AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need **Toll-free:** 1-866-295-7279. **Website:** www.aarp.org/ct

AARP Driver Safety Program Phone: 1-888-AARPNOW (1-888-227-7669) **Website:** www.aarp.org/drive

Tax-Aide is a free, volunteer-run tax assistance and preparation program, with sites from February 1 to April 15. AARP Foundation Tax-Aide volunteers are trained and IRS-certified each year. Locations **Website:**

Special Populations

Elderly

Connecticut Department on Aging (SDA)

The State Department on Aging administers approximately

www.aarp.org/findtaxhelp Volunteer **Website:**
www.aarp.org/taxvolunteer or www.aarp.org/taxaide **Toll-free:** 1-888-AARP-NOW (1-888-227-7669).

AARP Fraud Watch Phone: (860) 548-3163 **Website:**
www.aarp.org/fraudwatchnetwork.

Create The Good® - Online resource where people and organizations can find meaningful volunteer activities, time flexible opportunities, organizations and individuals can post and share their own ideas and opportunities, and connect with others on a wide variety of areas of interest. **Website:**
www.CreateTheGood.org

Decide.Create.Share: Volunteers provide facilitated discussions to organizations and groups to promote awareness and education on future needs facing women as they age. **Toll-free:** (866) 295-7279. **Website:**
www.aarp.org/decide

Area Agencies on Aging

Area Agencies on Aging are five regional organizations federally designated by the Older Americans Act and the and the Connecticut State Department on Aging to: 1) assess the needs and gaps in service affecting older adults; 2) promote solutions and allocate resources to meet the needs; and 3) monitor, evaluate and consistently improve on the delivery of services to support the independence and dignity of older adults. They provide information and referral assistance on health insurance, community-based services and administer programs that help caregivers keep their loved ones at home. **Statewide Toll-free:** (800) 994-9422 **Website:** www.ctagenciesonaging.org

New Haven: (203) 785-8533

Norwich: (860) 887-3561

Hartford: (860) 724-6443

Bridgeport: (203) 333-9288

Waterbury: (203) 757-5449

Compassion & Choices

Counselors and volunteers work one-on-one with terminally ill adult patients and their families to ensure that the patient's wishes for end-of-life care are documented and honored. Services include assistance in preparing advance health care directives (living wills), advocating on the patient's behalf for better pain and symptom management, and exploring end-of-life options including hospice, relief from chronic pain, withholding and withdrawal of treatment, stopping eating and drinking, and other legal alternatives.

There is no fee for service. National **Toll-free:** (800) 247-7421*

Connecticut Association of Adult Day Centers (CAADC)

Adult Day Health Centers offer programs in a group setting for older adults during the day. Services can include nursing care, personal care, nutrition, social services, rehabilitation services and recreation certified by the Department of Social Services and CAADC. **Phone:** (203) 678-4649* **Website:**
www.leadingagect.org

Connecticut Community Care, Inc. (CCCI)

identifies choices and provides services to help people of all ages, abilities and incomes to live at home. CCCI provides person-centered care coordination and care transition services for older adults and younger individuals with disabilities. Clients typically experience multiple chronic conditions and need home health services, homemakers, companions, home delivered meals, home modifications, personal care assistance, home health aides, therapy, and other services. CCCI believes that self-determination (the basic right of all people to have as much control as they desire over the aspects of life that are important to them) is critical for the individuals it serves. CCCI is contracted with Department of Social Services (DSS) as an access agency to the Connecticut Home Care (CHCP) and Money Follows the Person (MFP) Programs in 123 towns in North Central, Northwest and Eastern CT. CCCI also operates a private division, Care Management Associates (CMA), available statewide for those who do not qualify for the CHCP or MFP. CCCI runs Chronic Disease and Diabetes Self-Management Programs (Live Well) in North Central and Eastern CT. The organization serves more than 15,000 individuals and families each year and maintains offices in Wethersfield, Watertown, Franklin and Bristol. **Toll-free:** 866-845-2224 **Website:** www.ctcommunitycare.org.

Connecticut Home Care Program for Elders (CHCPE)

To be eligible, applicants must be 65 years of age or older, be a Connecticut resident, be at risk of nursing home placement and meet the program's financial eligibility criteria. To be at risk of nursing home placement means that the applicant needs assistance with critical needs such as bathing, dressing, eating, taking medications, and toileting. The CHCPE helps eligible clients continue living at home instead of going to a nursing home. Each applicant's needs are reviewed to determine if the applicant may remain at home with the help of home care services. Services may include: Care management services, adult day health services, companion services, home delivered meals,

homemaker services, assisted living services and adult family living. **Toll-free:** (800) 445-5394 **Phone:** (860) 424-4904 (locally in the Hartford area)

Connecticut Partnership for Long Term Care:

Enables residents to pay for future long-term care without impoverishing themselves. People can buy a pre-approved private long-term care insurance policy from a company that is participating in the Partnership and protect a specified amount of assets from Medicaid spend-down. **Toll-free:** (800) 547-3443

Connecticut Statewide Respite Care Program:

Provides respite services, information, and support for families caring for a person with Alzheimer's disease or related dementias. The person must have an income of \$43,846 or less and liquid assets of \$116,567 or less and is required to pay 20 percent of the cost of services. **Toll-free:** (800) 994-9422 (Area Agencies on Aging) **Phone:** (860) 424-5279 (State Department on Aging)

Elderly Nutrition Program: Provides nutritionally balanced meals and other nutrition services to individuals 60 years and older and their spouses at 177 Senior Community Cafés statewide as well as in homes, delivered to frail, homebound or otherwise isolated persons. (Meals may be provided to persons with disabilities living in housing facilities that have Senior Community Cafes.) **Toll-free:** (866) 218-6631

Employment: The Senior Community Service Employment Program (SCSEP), also called Title V, provides subsidized employment training and job search assistance for low-income adults, aged 55 and older. The goal of the program is to assist older adults with transition to unsubsidized employment. **Toll-free:** (866) 218-6631 **Phone:** (860) 424-5643*

Grandparents as Parents Support (GAPS): This statewide network promotes the creation of services and support groups for grandparents and relatives raising children. **Toll-free:** (866) 218-6631 **Phone:** (860) 424-5790.

National Family Caregiver Support Program:

Provides information, assistance, support groups, counseling, training, respites and supplemental services to families caring for someone aged 60 and over and grandparents 55 and over raising children. **Toll-free:** (800) 994-9422* **Phone:** (860) 424-5790

Senior Centers in Connecticut vary in scope and number of programs and services offered. Most municipalities have multi-purpose Senior Centers that

provide counseling, health services, nutrition, education, recreational activities, transportation, wellness programs, volunteer opportunities, and other supportive services. Specific program information may be obtained by contacting the town's Senior Center, town hall, or **Toll-free:** 2-1-1.

Senior Community Service Employment Program (SCSEP)

Low-income, unemployed adults aged 55+ can participate in part-time, paid community service providing training and job search assistance leading to unsubsidized employment. **Phone:** (203) 502-7303 **Website:** www.a4td.org

Senior EyeCare Program (SEP)

Formerly known as the National Eye Care Project, SEP ensures that every senior has access to medical eye care. The program is designed for individuals age 65 and older who have not seen an ophthalmologist (eye doctor) in three years or more, do not belong to an HMO, or receive eye care benefits through the VA. Eligible seniors receive a comprehensive medical eye exam and treatment for any disease diagnosed at the time of the initial visit for up to one year at no out-of-pocket cost for the physician's services. Medicare and other insurance will be billed and accepted as payment in full. Uninsured will be seen at no cost. Eyeglasses, prescriptions, hospital services, and fees of other medical professionals are not covered. **Toll-free:** (877) 887-6327* Mon-Fri, 8 am to noon. **Website:** www.eyecareamerica.org to take online referral questionnaire.

Senior Medicare Patrol (SMP) project empowers beneficiaries to become better health care consumers by increasing their awareness of Medicare and Medicaid fraud and abuse, errors, scams, and other potential incidences of health care fraud. Utilizing the skills and expertise of retired professionals and other senior citizens, these volunteers assist consumers with identifying and reporting fraudulent practices in order to detect and reduce improper payments and prevent victimization of themselves and others. In-State **Toll-free:** (800) 994-9422* **Phone:** (860) 424-5293*.

Disabled

Board of Education Services for the Blind (BESB)

BESB provides educational, vocational and independent living services to adults who are legally blind and children who are blind or visually impaired to help them achieve and

maintain independence and self-sufficiency as fully contributing members of an integrated society. BESB provides certification of legal blindness; social work and referrals; low-vision evaluations and equipment, employment training, job placement, worker retention support, adaptive equipment; school-to-career transition services to adolescents; financial and technical support to clients who own or want to own their own business; independent travel instruction; and training in activities of daily living. **Toll-free:** (800)-842-4510* **Voice/TDD:** (860) 602-4221 **Website:** www.ct.gov/besb

Connecticut Bureau of Rehabilitation Services (BRS)

Vocational Rehabilitation (VR) is available for individuals, including youths transitioning out of high school, with significant physical and mental disabilities. Job seekers get help to prepare for, obtain, and maintain employment. Most VR services are free. **Toll-free:** (800) 537-2549 **Phone:** (860) 424-4844* **Video Phone:** (860) 920-7163

Connect-Ability connects employers to residents with disabilities who are seeking employment. The goal is to remove employment barriers and increase opportunities for employers, job seekers, their families, and providers to improve perceptions and realities about the contributions people with disabilities can make in the work arena. **Toll-free:** (866) 844-1903 **Website:** www.ct.gov/connect-ability

Connecticut Tech Act Project provides access to assistive technology (AT) devices and services for work, home, school, or community participation. A low-interest loan is also available to help some consumers obtain AT and an online exchange for free or donated AT can be found at www.getATstuff.com. **Phone:** (860) 424-4881 **Website:** www.cttechact.com

Work Incentives Planning and Assistance Program (WIPA) Community Work Incentive Coordinators help consumers determine how working will impact their federal or state benefits. Through benefits counseling, consumers can better decide about work based on facts. **Toll-free:** (800) 773-4636 **Website:** www.connecttoworkcenter.state.ct.us

Independent Living supports community-based, consumer-controlled centers that assist persons with disabilities to live more independently. **Toll-free:** (800) 537-2549 **Phone:** (860) 424-4844

Disability Determination works in cooperation with Social Security Administration (SSA) on claims under the Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) programs. **Toll-free:** (800) 842-8320

Regional BRS offices are listed below.

Hartford Phone: (860) 723-1400* **Video Phone:** (860) 920-7172

Danielson Phone: (860) 412-7070

Enfield Phone: (860) 899-3567

Manchester Phone: (860) 647-5960* **Video Phone:** (860) 288-4870

New Britain Phone: (860) 612-3569*

New Haven (203) 974-3000* Video Phone: (203) 584-9840

Ansonia (203) 732-1667

Middletown Phone: (860) 704-3070

New London Phone: (860) 439-7686

Norwich Phone: (860) 859-5720 **Video Phone:** (860) 237-3525

Bridgeport (203) 551-5500 Video Phone: (203) 416-6761

Danbury Phone: (203) 207-8990

Stamford Phone: (203) 251-9430

Torrington Phone: (860) 496-6990

Waterbury Phone: (203) 578-4550 **Video Phone:** (203) 577-5319

Connecticut Department of Rehabilitation Services Deaf and Hard of Hearing Services

DORS provides sign language interpreting and counseling services for deaf and hard of hearing people as well as for the hearing community who live and work with individuals with hearing loss. The counseling services include personal and family support. **Toll-free** in CT: (800) 708-6796 **Phone:** (860) 231-8756 **TTY:** (860) 231-8169 **Voice/TTY:** (860) 231-1690 **VP:** (860)899-1647 **After-hours Emergency Interpreting:** (860) 231-7623 **Website:** www.ct.gov/dors

Connecticut Department of Developmental Services (DDS)

DDS is responsible for the planning, development, and administration of complete, comprehensive, and integrated statewide services for persons with intellectual disability and persons medically diagnosed as having Prader-Willi Syndrome. DDS provides services through a decentralized system that relies on private provider agencies under contract or enrolled with the department, in addition to state-operated services. These services include residential

placement and in-home supports, day and employment programs, early intervention, family support, respite, case management, and other periodic services such as transportation, interpreter services, and clinical services. The Autism Division operates a program for individuals with autism spectrum disorder who do not have intellectual disability. The Birth to Three System assists and strengthens the capacity of families to meet the developmental and health-related needs of infants and toddlers who have delays or disabilities. For information on DDS eligibility, see **Website:** www.ct.gov/dds

Central Office Phone: (860) 418-6000*
Toll-free: (866) 737-0330
TDD: (860) 418-6079

North Region

East Hartford (860) 263-2500*

Toll-free (800) 558-9527

TTY Phone: (860) 263-2510

After Hours Emergency (860) 614-9136

Newington (860) 331-2100

Putnam (860) 630-4000

Willimantic (860) 456-6300

South Region

Wallingford (203) 294-5049*

Toll-free: (888) 263-4445

After Hours Emergency Toll-free: (866) 392-8233

TTD (203) 294-4475

New Haven (203) 974-4200*

Norwich (860) 859-5400*

Toll-free (866) 584-3376

Meriden (203) 514-3200*

West Region

Waterbury (203) 805-7400

Toll-free (866) 274-3888

After Hours Emergency (203) 725-5297

Cheshire (203) 806-8700

Danbury (203) 448-3500

Stratford (203) 455-3100

Lower Fairfield County (203) 642-5000

Northwest Center (860) 496-3000

Southbury Training School (203) 586-2000

Toll Free (800) 811-0173

Connecticut Library for the Blind and Physically Handicapped lends books and magazines in Braille and recorded formats, along with the necessary playback equipment. The service is free to any Connecticut adult or child who is unable to use regular printed materials

due to a visual or physical disability. All materials are available by postage-free mail. Call or write to request application and certification procedures, or visit the website for program information and a printable application.

Address: 198 West Street, Rocky Hill, CT 06067-3545

Toll-free: (800) 842-4516 **Phone:** (860) 721-2020*

Website: www.ctstatelibrary.org/organizationalunit/library-blind-physically-handicapped

Ability Beyond is a resource for people with developmental disabilities, autism spectrum disorder, brain injury, mental illness, and physical disabilities that often accompany these ailments. The majority of individuals are adults or young adults and the services provided can address a single life episode or span a lifetime. The organization provides community living supports, individual home supports, employment resources, social and community integration supports, clinical supports, transportation services, aging specialties, behavioral and transitional living supports, school to community supports, and service coordination. **Toll-free:** (888) 832-8247 **Website:** www.abilitybeyond.org

American School for the Deaf (ASD) serves the deaf and hard-of-hearing community as a multifaceted, innovative institution. ASD provides a full range of comprehensive education services for preschool to 12th grade students, including those with additional disabilities. An alternative education program, the PACES program, is available for students with emotional-behavioral disorders. ASD also provides outreach and community programs, including: outreach education for school districts throughout the state; a statewide Birth to Three program; adult vocational services; counseling; occupational therapy; physical therapy; parent support groups; and community sign language classes. A wide variety of educational audiological services are available as well, including cochlear implant (CI) services and support. **Address:** 139 North Main Street, West Hartford, CT 06107. **Phone:** (860) 570-2300. **TTY:** (860) 570-2222. **Website:** www.asd-1817.org

Converse Communications supports people who are deaf, hearing impaired, or speech disabled. Services include Text-Telephone Loan Distribution and Captel Distribution. These services may be available at no cost as part of the Americans with Disabilities Act. **Address:** 34 Jerome Avenue, Suite 202, Bloomfield CT 06002. **Phone:** (860) 242-4974 **Website:** www.conversecommunications.com

Easter Seals Capital Region & Eastern Connecticut provides comprehensive medical and vocational services to people with disabilities throughout Hartford, Tolland, Windham, New London, and eastern

Middlesex Counties. Services include: medical rehabilitation, including physical, occupational, and speech therapies as well as neuropsychological services; Autism Initiative, Pathways Breast Cancer Rehabilitation Program; comprehensive traumatic brain injury rehabilitation; comprehensive stroke rehabilitation; Lymphedema treatment and management; vocational rehabilitation including job coaching, job seeking, and employment skills training programs; Individual and Group Supported Employment programs; school to work transition services; adult day programs and Senior Community Service Employment Program (SCSEP). Varying programs are available at three sites located in Windsor, East Hartford, and Norwich. **Medical Services & Administration:** 100 Deerfield Road, Windsor, CT 06095; **Vocational Services:** 22 Prestige Park Circle, East Hartford, CT 06108; **Day Services:** 24 Stott Avenue, Norwich, CT 06360 **Phone:** (860)552-2002* **Website:** www.hartford.easterseals.com

Goodwill of Western and Northern Connecticut, Inc. offers a wide range of services designed for people with intellectual disabilities, mental illness or other barriers to employment. These services include: case management, individual and group-supported employment, work competitive job placement and follow-up. Free one-on-one employment services are provided through the network of Goodwill Career Centers for the unemployed, underemployed and those making the transition as a student from a school to work environment. Residential support and day programs are also available. **Bridgeport Phone:** (203) 368-6511 **Hartford Phone:** (860) 278-5890

Kuhn Employment Opportunities is committed to developing quality skill enhancement programs which provide meaningful employment for persons with disabilities so that they will become independent, gain self-esteem, and be accepted by the community. Kuhn provides situational assessment, career planning, job development and placement services, on-the-job training, job coaching, school to work transition, and transportation services. Employment opportunities include individual job placement, work crews, work services, and community experience programs. Program services vary by location and funding sources. Call for additional information. **Meriden:** (203) 235-2583* **Middletown:** (860) 347-8923. **Website:** www.kuhngroup.org

Oak Hill is the largest nonprofit private provider of services for people with disabilities in Connecticut, offering community-based education, housing, employment, assistive technology, early intervention, therapeutic education on

healthy relationships, recreation, and arts. Hundreds of people from birth to over 90 years of age are served directly by Oak Hill, and tens of thousands of connections are made annually through their assistive technology program. **Address:** 120 Holcomb Street, Hartford, CT 06112. **Phone:**(860) 242-2274* **TTY:** (860) 286-3113 **Website:** www.ciboakhill.org

Planned Lifetime Assistance Network (PLAN) of Connecticut

PLAN assists families of all incomes in planning for the future of a family member with a disability and arranges continuity of care after the principal advocates/care-givers have died or are unable to continue their services. PLAN assists in setting set up and managing special needs trusts that help loved ones with a disability to maintain self-sufficiency, prevent unnecessary hospitalizations, and enhance quality of life. PLAN of CT also offers the only Special Needs Pooled Trust service in Connecticut. The Pooled Trust is self-funded and can help Connecticut residents with disabilities qualify for home care and other Title-19 services. PLAN trusts require no minimum funding and serves people with any disability. **Phone:** (860) 523-4951* **Website:** www.planofct.org

Veterans

Connecticut Department of Veterans' Affairs

The Department of Veterans' Affairs was established to provide expanded, integrated, and coordinated services to Connecticut veterans and their families. Counsel is provided to veterans concerning educational training and retraining, health, medical and rehabilitation services, housing assistance, and benefits for veterans in nursing homes. The agency assists in the establishment, preparation, and presentation of claims to rights, benefits or privileges accrued to veterans. The Department of Veterans' Affairs maintains a staffed office in the towns listed below. **Commissioner Address:** 287 West Street, Rocky Hill, CT 06067 **Phone:** (860) 616-3600 **Toll-free:** (866) 928-8387

Norwich 100 Broadway – City Hall Rm. 305 **Phone:** (860) 887-9162

Milford: 70 West River Street **Phone:** (203) 874-6711

Bridgeport 75 Middle Street **Phone:** (203) 336-2570*

Newington 555 Willard Avenue, 3rd floor **Phone:** (860) 594-6604

Waterbury 55 West Main Street # 140 **Phone:** (203) 805-6340

Veterans' Employment Training Service (VETS)

This agency assists Veterans, Reservists, and National Guard members in securing employment and benefits, including resolution of claims under the Uniformed Services Employment and Reemployment Rights Act (USERRA) and fact-finding assistance to veterans who believe their veterans' preference rights, Veterans Employment Opportunities Act (VEOA) in federal employment have been violated. The agency also provides employment and training assistance through local governments and nonprofit agencies. **Address:** 200 Folly Brook Blvd., Wethersfield, CT 06109 **Phone:** (860) 263-6490* **Website:** www.dol.gov/vets

The Veteran's Directed Home and Community Based Services Program (VD-HCBS)

This program serves veterans of any age who are at risk of nursing home placement and able to self-direct their own care in the community. VD-HCBS provides Veterans the opportunity to develop an individualized budget and service plan that reflects their personal goals and needs in order to avoid institutionalization and continue to live in their homes and communities. Slots are limited. For more information contact the Area Agencies on Aging **Toll-Free:** (800) 994-9422.

Soldiers', Sailors', and Marines' Fund provides temporary assistance to wartime veterans or their dependents who are legal residents of Connecticut and who demonstrate need. Available assistance includes food, clothing, medical expenses, mortgage interest or rent, assistance in paying utility bills, or other temporary financial needs. The veteran must have served in the Armed Forces of the United States during a wartime period and have been honorably discharged. Applications may be filed through the American Legion Service Officer in the town in which the veteran resides, or at the offices listed below. To learn about additional non-wartime combat and combat support service, contact your local assistance office. **Phone:** (860) 296-0719 **Website:** www.ct.gov/ssmf

Bridgeport 350 Fairfield Avenue **Phone:** (203) 331-8876

Hartford 999 Asylum Avenue, Suite 506 **Phone:** (860) 566-2677

New Haven 746 Chapel Street **Phone:** (203) 789-7841

Norwich 307 Main Street **Phone:** (860) 886-8557

Waterbury 55 West Main Street, Suite 150 **Phone:** (203) 805-6350

LGBTQ

True Colors works to create a world where youth, adults and families of all sexual orientations and gender identities are valued and affirmed. We challenge all forms of oppression through education, advocacy, and direct services to youth and those responsible for their well-being. Our programs include: one-on-one and group mentoring for lesbian, gay, bisexual, transgender (LGBT) youth in out-of-home care; professional development training for providers, community organizations and educators; youth leadership development and training; foster parent training and recruitment and the production of the largest LGBT and ally youth issues conference in the nation. **Phone:** (860) 232-0050 **Website:** www.ourtruecolors.org

Foreign Born

Documented and undocumented immigrants can be helped through most of the agencies listed in this directory. The agencies below have a mission-related interest in serving immigrants:

Bridgeport:

Catholic Charities- *See listings in Nonprofit Counseling section of this book.*

Hartford:

Alianca Brasileira, 2074 Park Street, 2nd Floor **Phone:** (860) 236-0788

Asian Family Services, 1921 Park Street **Phone:** (860) 951-8770

The Conference of Churches, 224 Farmington Avenue **Phone:** (860) 247-0017

Catholic Charities-*See listings in Nonprofit Counseling section of this book.*

Connecticut Coalition of Mutual Assistance Associations, Inc., 143 Madison Avenue **Phone:** (860) 236-6452

Franciscan Center for Urban Ministry, 285 Church Street **Phone:** (860) 756-4034

Hartford Public Library (educational programs pertaining to citizenship, immigrant rights, etc.), 500 Main Street **Phone:** (860) 695-6300

Jewish Federation Association of CT, 40 Woodland Street **Phone:** (860) 727-5770

Middletown:

Community Health Center (provides health services in over 10 languages), 675 Main Street **Phone:** (860) 347-6971

An asterisk () near any entry signifies that a Spanish-speaking staff member is available*

New Haven:

Catholic Charities - *See listings in Nonprofit Counseling section of this book.*

Centro San Jose (food pantry, community center), 290 Grand Avenue **Phone:** (203) 777-6771

IRIS (Integrated Refugee and Immigrant Services), 235 Nicoll Street, 2nd Floor **Phone:** (203) 562-2095

Junta (multi-service agency) 169 Grand Avenue **Phone:** (203) 787-0191

International Institute of Connecticut (IIC)

IIC is a social services agency serving foreign-born and limited-English speaking people. It provides immigration and naturalization counseling, refugee resettlement services, interpreter/translator assistance, English language classes, vocational training, job assistance, and referrals. IIC is recognized by the U.S. Board of Immigration Appeals and is able to represent aliens before the US Customs and Immigration Service. Charges for services are based on a person's ability to pay. The IIC can also assist victims of human trafficking. **Bridgeport:** 670 Clinton Avenue (203) 336-0141* **Hartford:** (860) 692-3085* **Stamford:** (203) 965-7190* **Derby:** (203) 751-8696 **Website:** www.iiconn.org

Know Your Rights

Workers' Rights

Family Leave State Law

Connecticut Department of Labor monitors the state family and medical leave statute, which entitles eligible employees to a total of 16 work weeks of leave during any 24 month period. **Address:** 200 Folly Brook Boulevard, Wethersfield, CT 06109 **Phone:** (860) 263-6755 **Website:** www.ct.gov/dol

Workers' Rehabilitation Services, Department of Rehabilitation Services

is designed to return to work those who have been injured on the job or who have contracted an occupational disease and qualify under the Connecticut Workers' Compensation Act. The program offers vocational rehabilitation services including interest and aptitude testing, evaluations, on-the-job or formal training, job seeking skills and placement assistance. **Address:** 21 Oak Street, 4th Floor, Hartford, CT

06106 **Phone:** (860) 493-1500 for an application or further information.

Bridgeport 350 Fairfield Avenue **Phone:** (203) 382-5600

Hartford 999 Asylum Avenue **Phone:** (860) 566-4154

Middletown 90 Court Street **Phone:** (860) 344-7453

New Britain 233 Main Street **Phone:** (860) 827-7180

New Haven 700 State Street **Phone:** (203) 789-7512

Norwich 55 Main Street **Phone:** (860) 823-3900

Stamford 111 High Ridge Road **Phone:** (203) 325-3881

Waterbury 55 West Main Street **Phone:** (203) 596-4207

Unemployment Insurance

Unemployment Insurance (UI) is a joint federal-state program providing temporary income for eligible workers who are either partially or fully unemployed due to no fault of their own and qualify under Connecticut's law. Administered by the Connecticut Department of Labor (CTDOL), Unemployment Insurance benefits are paid when certain legal conditions are met. A new or weekly continued claim for unemployment benefits can be filed on the Labor Department's **website** at www.filectui.com or file by phone through the TeleBenefits system. For a local TeleBenefits phone number visit the DOL **website** at www.ct.gov/dol, refer to the blue pages of your phone directory, or call **Toll-free 2-1-1.**

Kent, North Thompson, Salisbury, Sharon, Stafford Springs, Westport and Wilton

(This number is not accessible statewide) **Toll-free:** (800) 354-3305

Danielson, Willimantic **Phone:** (860) 423-2521*

Greater Hartford, Bristol, Enfield, Manchester, New Britain **Phone:** (860) 566-5790*

Meriden, Middletown **Phone:** (860) 344-2993*

Bridgeport **Phone:** (203) 579-6291*

Danbury **Phone:** (203) 797-4150*

New Haven, Hamden, Ansonia **Phone:** (203) 230-4939*

New London, Norwich **Phone:** (860) 443-2041*

Stamford, Greenwich, Norwalk **Phone:** (203) 348-2696*

Torrington **Phone:** (860) 482-5581*

Waterbury **Phone:** (203) 596-4140*

Programs that Help People in Connecticut is available on-line at cahs.org/publications

Denial of Benefits or Services

CT Department of Public Health (DPH)

Complaints about health care services are handled by DPH, Healthcare Quality & Safety Branch. **Address:** Facility Licensing and Investigations Section, 410 Capitol Avenue, MS#12FLIS, P.O. Box 340308, Hartford, CT 06134-0308. For specific complaints about Health Care Institutions such as a hospital, nursing home or out-patient clinic **Phone:** (860) 509-7400. For specific complaints about Health Care Professionals licensed by DPH **Phone:** (860) 509-7552. For specific complaints about: Home Health Care Agencies write to DPH or call **Toll-free:** (800) 828-9769.

Office of the Healthcare Advocate (OHA)

OHA assists consumers with managed care selection by providing information, referral and assistance to individuals about obtaining health insurance coverage and services. OHA assists consumers in filing and assisting in grievances and appeals and is responsible for tracking and quantifying these complaints. OHA also resolves complaints and issues related to enrollment and eligibility for premium tax credits for plans offered by the Access Health CT, Connecticut's Health Insurance Exchange. This agency is also responsible for educating the general population on managed care rights. The agency assists consumers with public and private plans. **Toll-free:** (866) 466-4446 **Website:** www.ct.gov/oha

Social Security Administration

Social Security (OASDI): If the Social Security Administration denies benefits or issues a decision deemed unsatisfactory, an appeal can be made at the SSA office within 60 days from the receipt of written notice. To obtain information regarding rights or assistance in preparing for an appeal, contact Statewide Legal Services listed separately in this guide, or a private attorney. Attorneys generally do not become involved in such cases until the Administrative Law Judge Hearing. They usually handle the case on a contingency fee basis – charging for their services only if they win. Attorney fees must be approved by SSA or a court. Statewide Legal Services **Toll-free:** (800) 453-3320* **Supplemental Security Income (SSI):** The same procedures for Social Security denial apply to SSI.

Center for Medicare Advocacy

CMA provides education, advocacy, and legal assistance to help older people and people with disabilities obtain necessary health care. CMA focuses on the needs of Medicare beneficiaries, people with chronic conditions, and

those in need of long-term care. Advice, written materials, and legal services are free to residents of Connecticut. **Address:** P.O. Box 350, Willimantic, CT 06226 **Toll-free:** (800) 262-4414 **Phone:** (860) 456-7790* **TDD available** **Website:** www.medicareadvocacy.org

Qualidigm is a national consulting and research company dedicated to advancing the quality, safety and cost-effectiveness of healthcare. As the Medicare Quality Improvement Organization (QIO) for Connecticut, Qualidigm serves as an advocate and credible information resource for patients and their families. It works with health care clinicians and providers to ensure consistent, high quality medical care and patient safety. Medicare beneficiaries who have concerns about the quality of their health care or who have received a notice of non-coverage from a hospital, nursing home or other type of Medicare provider should contact Qualidigm for assistance. Qualidigm's Beneficiary **Helpline:** (800) 553-7590 **Address:** 1111 Cromwell Avenue, Suite 201, Rocky Hill, CT 06067 **Website:** www.qualidigm.org

Victim Services

Office of Victim Services (OVS)

The Connecticut Judicial Branch, Office of Victim Services (OVS) is the state's lead agency that provides services to victims of violent crime and their families. **OVS Victim Services Advocates (VSA)** are available at certain courthouses throughout the state and at the Board of Pardons and Paroles to provide support during hearings, information on crime victims' rights and the criminal justice system, and referrals to state and community agencies. For more information, call the OVS Helpline **Toll-free** at 1-800-822-8428. **Victim Compensation Program** offers financial help for certain crime-related expenses not covered by insurance or other financial resources. For more information, call **Toll-free** 1-888-286-7347.

Connecticut Statewide Automated Victim Information and Notification (CT SAVIN)

provides confidential notification in English, Polish, Portuguese, and Spanish on criminal court cases for an offender, changes to an offender's custody status with the Department of Correction, and when a criminal court order of protection is issued, changed, or ends. For more information on CT SAVIN, call **Toll-free** (877) 846-3428. For more information on CT SAVIN and other OVS victim notification programs, call **Toll-free** (800) 822-8428.

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Office of the Victim Advocate (OVA)

OVA is an independent state agency responsible for the protection and promotion of state constitutional and statutory rights of crime victims throughout the state. OVA seeks to ensure that the victims of crime become an integral part of the criminal justice system. OVA provides public education of the rights and services available to crime victims, collaboration with law enforcement and service providers, as well as court and legislative advocacy. **Phone:** (860) 550-6632

Legal Advice and Representation

CT Commission on Human Rights and Opportunities (CHRO)

CHRO is the state's chief civil rights law enforcement agency. It receives and investigates complaints alleging discrimination in employment, housing, public accommodations and credit transactions on the basis of age, ancestry, color, genetic information, learning disability, marital status, past or present history of mental disability, intellectual disability, national origin, physical disability, race, religious creed, sex (including pregnancy), sexual orientation, gender identity or expression, criminal record (in state employment and licensing), familial status and lawful source of income in terms of housing discrimination, as well as the use of/training a guide dog. Where a violation is found, the Commission provides appropriate relief. Complaints must be filed within 180 days of the alleged act of discrimination. The agency also administers the state Equal Opportunity contract compliance laws to assure that contractors to the state exhibit equal opportunity in their employment and contracting practices. **Toll-free:** (800) 477-5737* **Phone:** (860) 541-3400* **Website:** www.ct.gov/chro

Office of the Child Advocate (OCA)

OCA is an independent state agency established to protect the civil, legal, and special rights of all children in Connecticut and to advance policies that promote children's best interests. OCA's mission is to oversee the protection and care of children and to advocate for their well-being. **Address:** 999 Asylum Avenue, 1st Floor **Toll-free:** (800) 994-0939

Office of Protection and Advocacy for Persons with Disabilities (P&A)

P&A is an independent state agency providing information, referrals, advocacy assistance, and limited legal services to people with disabilities whose civil rights have been

violated or who are experiencing difficulty securing relevant support services. P&A supports the development of community advocacy groups by providing training and technical assistance. P&A is responsible for investigating abuse and neglect of individuals with Intellectual Disabilities ages 18-59 and deaths of all individuals with Intellectual Disabilities over the age of 18 where abuse and/or neglect may have been the cause. **Address:** 60 B Weston Street, Hartford, CT 06120 **Phone:** (860) 297-4300 **Toll Free:** 1-800-842-7303 **(V/TTY):** (860) 297-4380 **(TTY)** **Website:** www.ct.gov/opapd

Consumer Law Project for Elders (CLPE)

Connecticut Legal Services, Inc. offers seniors with consumer problems free legal assistance through a CLPE Hotline that provides free advice, representation and referrals to seniors 60 and older with such consumer problems as credit card debt, medical debt, abusive and harassing collection practices, and identity theft. Seniors with other consumer problems can also call the hotline for advice. **Toll-free:** (800) 296-1467*

Statewide Legal Services (SLS)

Statewide Legal Services operates a general legal hotline that provides free legal advice on a variety of civil law issues such as housing, including landlord-tenant and foreclosure matters; family problems; consumer issues, including bankruptcy and matters related to public benefits such as, Supplemental Nutrition Assistance Program (SNAP), energy assistance, State Supplement and Supplemental Security Income (SSI). Persons needing legal representation are referred to the appropriate Legal Services office. Statewide Legal Services also provides a wide variety of educational pamphlets on common legal problems relating to housing, family matters, public benefits and consumer issues. Older adults are encouraged to call the local Legal Services office in their region before accessing Statewide Legal Services offices, listed below. **Toll-free:** (800) 453-3320* **Website:** www.slsct.org

Bridgeport* Phone: (203) 336-3851

Hartford* Phone: (860) 541-5000

New Britain* Phone: (860) 225-8678

New Haven* Phone: (203) 946-4811

New London* Phone: (860) 447-0323

Stamford* Phone: (203) 348-9216

Waterbury* Phone: (203) 756-8074

Willimantic* Phone: (860) 456-1761

CT Parent Advocacy Center (CPAC)

CPAC offers information and support to families of children and young adults – from birth to age 26 – with any disability or chronic illness. CPAC believes that parents can be the most effective advocates for their children, given the knowledge and understanding of special education laws and its procedures. CPAC is staffed primarily by parents of children with disabilities who have training in, and personal experience with, the law and disability related issues. CPAC offers workshops for parents, conducts in-service presentations for schools, teachers-in-training and service providers, and also provides technical assistance to individual parents. **V/TTY:** (860) 739-3089 **Toll-free:** (800) 445-2722 **Website:** www.cpacinc.org* **Email:** cpac@cpacinc.org

Fair Haven Community Health Center (203) 776-3211

Connecticut Fair Housing Center is a statewide non-profit fair housing organization dedicated to ensuring that all people have equal access to housing opportunities in Connecticut. The Center provides legal assistance and investigative services to Connecticut residents who believe they may have been the victim of housing discrimination, education and outreach on the fair housing laws, strategic planning and advice for cities and towns on fair housing compliance, and foreclosure prevention legal assistance. **Phone:** (860) 247-4400* **Website:** www.ctfairhousing.org

Connecticut Women’s Education and Legal Fund (CWEALF)

CWEALF provides free legal information, attorney and resource referrals and advocacy on family, employment, education, and civil rights law. These include discrimination, harassment and family matters such as divorce, child support and custody. A community advocate is available to meet in person in Hartford and New Haven. **Phone:** (860) 524-0601 **Toll-free:** (800) 479-2949 **Website:** www.cwealf.org

Lawyer Referral Services

For civil and criminal cases or just to get some advice or a will, contact the local Bar Association for the name of an attorney who offers the type of legal service that you need.

Hartford County Bar Association **Phone:** (860) 525-6052

Fairfield County Bar Association **Phone:** (203) 335-4116

New Haven County Bar Association **Phone:** (203) 562-5750

New London County Bar Association **Phone:** (860) 889-9384

